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# Epidemiology of Bacterial Meningitis in the WHO Eastern Mediterranean Region

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# Outline

- Epidemiology
  - » at the global level
  - » In the E.M. Region
- WHO Eastern Mediterranean Regional Network for bacterial Meningitis Surveillance



# Bacterial Meningitis

- Bacterial infection affecting the brain and the spinal cord
- *3 main Pathogens:*
  - *Hib*
  - *Streptoc. Pneumoniae*
  - *Neisseria meningitidis* (serogroups: **A, B, C, W135, X, Y, Z, 29E..**) → Epidemics
- *Etiology varies by age group and region of the world*

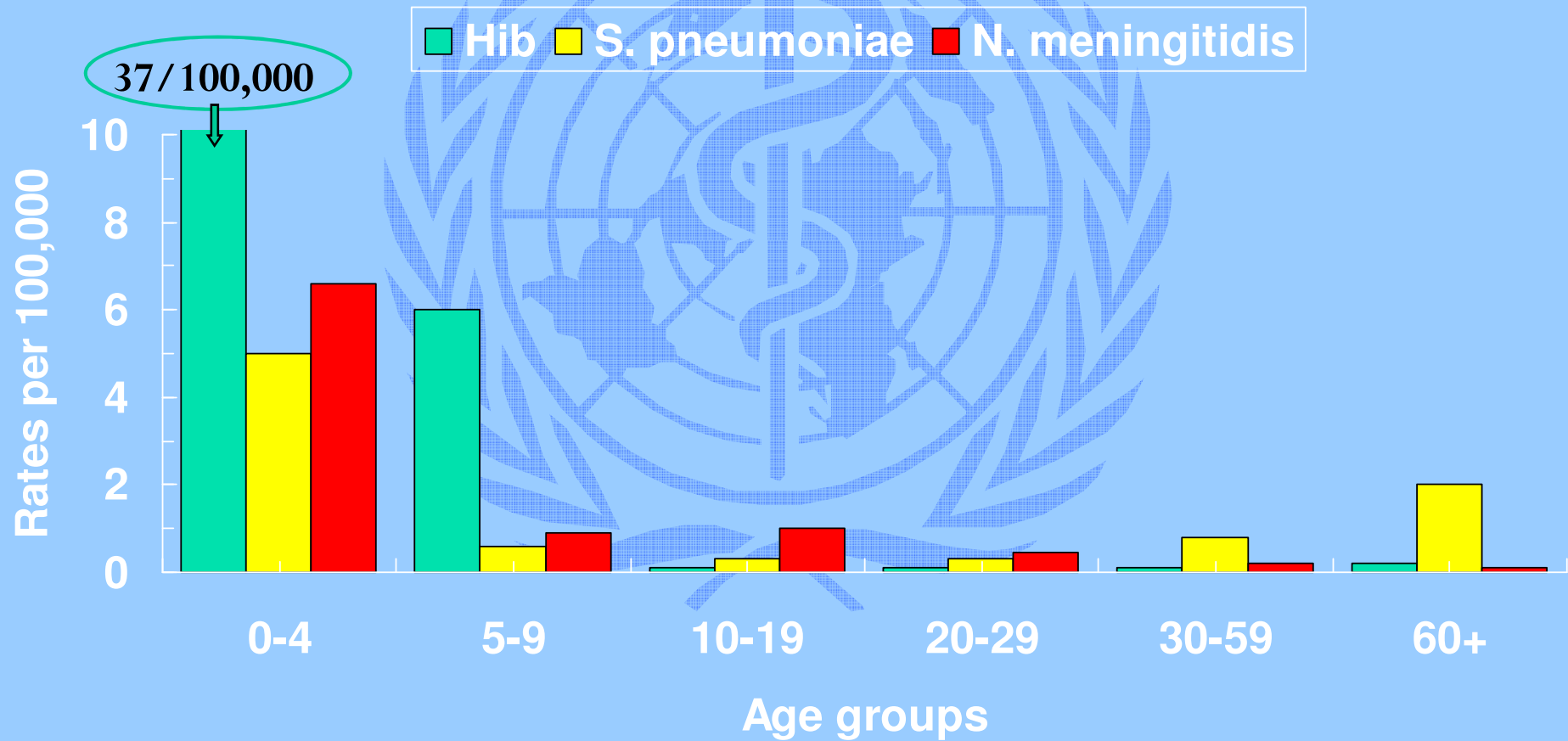


# Burden of meningitis

- Without epidemics:
  - » 1 million cases per year
  - » 173,000 deaths
  - » Case fatality rates vary with age and the causative agent
    - 3 to 19% in developed countries
    - Much higher (37 to 60%) in developing countries
  - » High proportion (up to 50%) of survivors are left with disability
  - » 6,192,000 DALYs
- During epidemics (African Meningitis Belt)
  - ➔ Burden is much higher



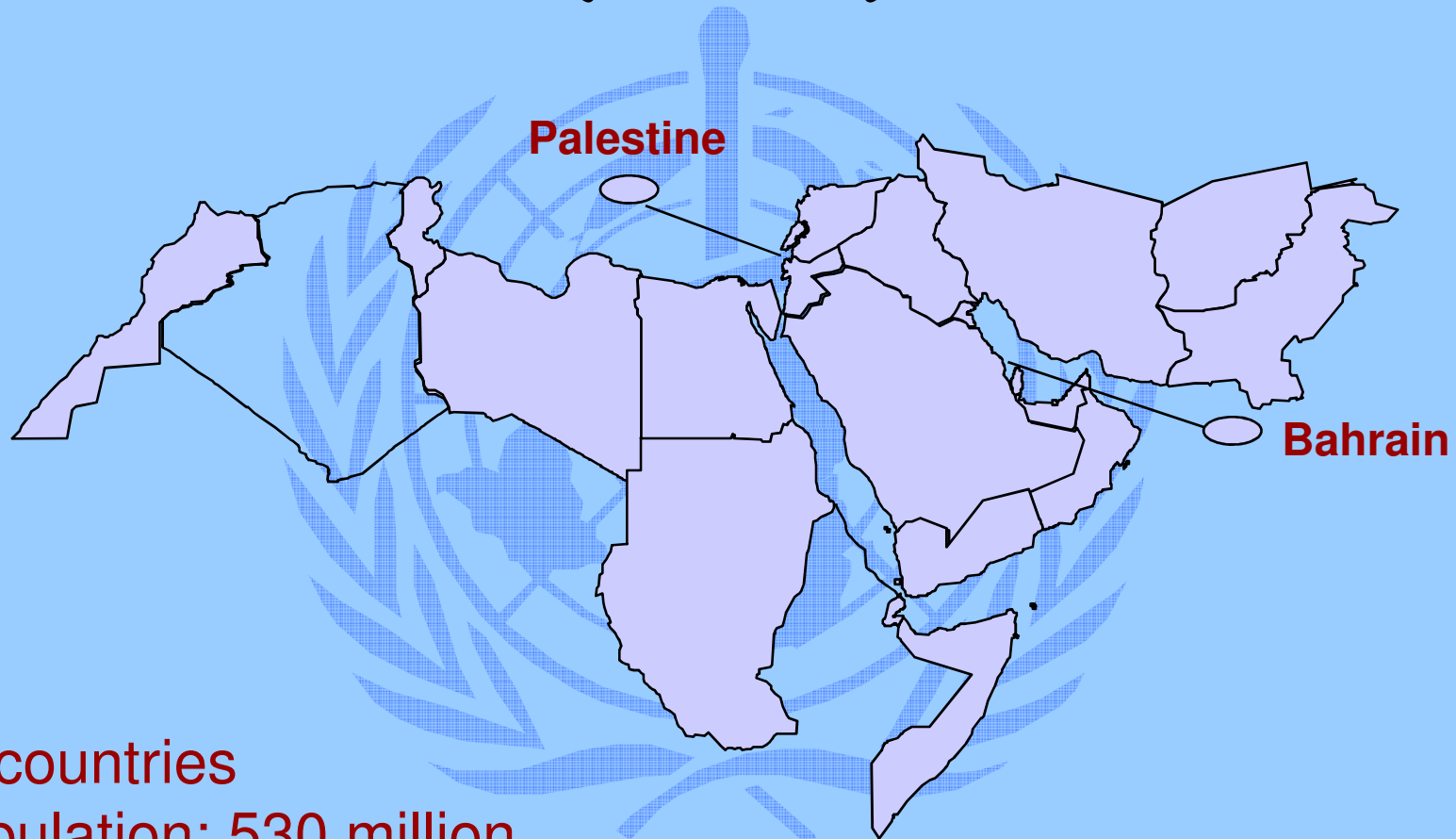
# Global Burden of Bacterial Meningitis



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# WHO Eastern Mediterranean Region (EMRO)



22 countries  
Population: 530 million  
Birth cohort: >15 million



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No child should die  
from  
a vaccine-preventable  
disease in our Region  
WHO Eastern Mediterranean Region

# WHO Eastern Mediterranean Region (EMRO)

25,000 deaths (15% of global burden)  
1,219,000 DALYs (20% of global burden)

22 countries  
Population: 530 million  
Birth cohort: >15 million



# Studies on the etiology of bacterial meningitis among children in selected EMR countries

Study (Year)	Ages (years)	Total Cases	Cause of Disease No. of cases (%)							
			<i>H. influenzae</i>		<i>S. pneum.</i>		<i>N. mening.</i>		Other	
Kuwait ('81-87)	0-12	110	49	(45%)	23	(21%)	14	(13%)	24	(21%)
KSA ('82-'90)	0.1-10	55	26	(47%)	19	(35%)	2	(4%)	8	(15%)
Libya ('94)	0.1- 10	60	26	(43%)	20	(33%)	0		14	(24%)
Jordan ('95)	0.1-12	121	39	(32%)	18	(15%)	40	(33%)	24	(20%)
Egypt ('98-01)	0-5	228	89	(39%)	68	(30%)	30	(13%)	41	(18%)

Source: Published data



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# 1. Meningococcal meningitis

- *Neisseria meningitidis*: serogroups: A, B, C, W135, X, Y, Z, 29-E...

- **Africa: 80% of the burden (meningitis belt)**

- » 18 countries (250 million people)
- » 700 000 cases in the past 10 years
- » 10-50 % lethality
- » 10-20 % of survivors suffer permanent sequels



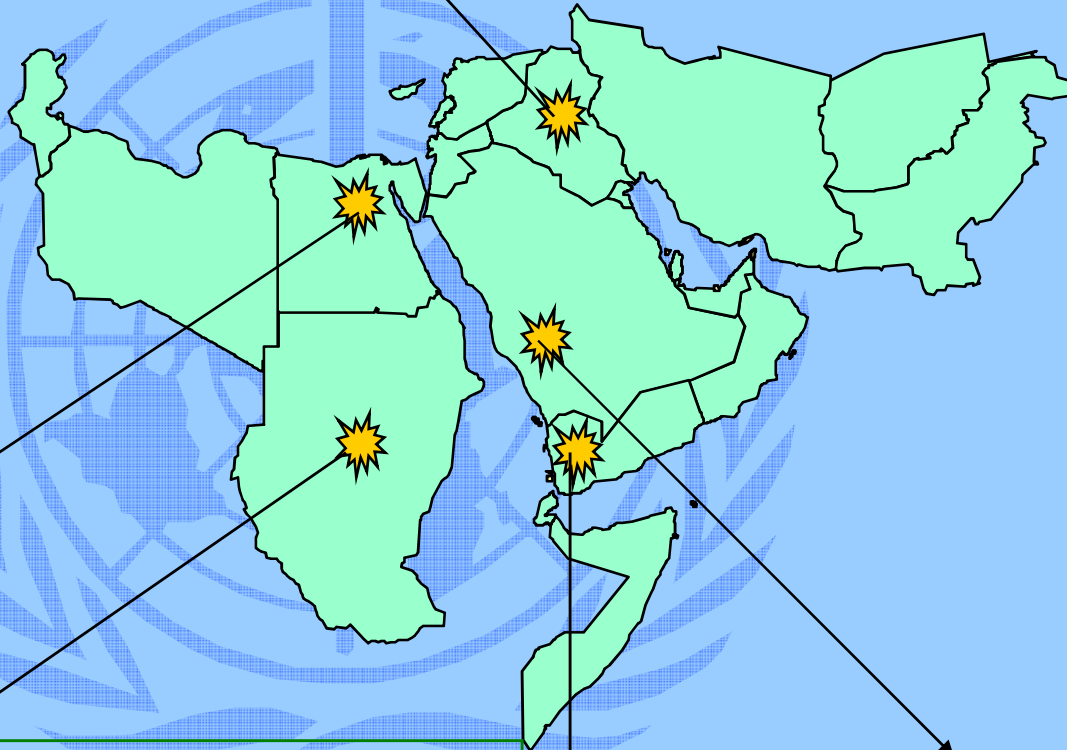
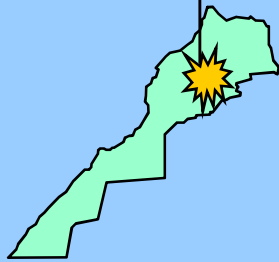
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# Major outbreaks of MCD in the EMR 1976-2002

1988: 1,348 cases  
1989: 1,802 cases

1991: 5,792 cases, 1992: 4,534 cases; 1993: 3,923 cases, 1994: 3,427 cases; 1995: 3,138 cases



1982: 2,061 cases  
1983: 2,016 cases  
1988: 3,327 cases  
1989: 3,894 cases  
1990: 2,986 cases

**1950-51: 72,000 cases & 9,972 deaths**  
**1978: 29,170 cases**  
**1988: 32,016 cases**  
1989: 7,051 cases  
**1999: 33,313 cases , 2,400 deaths (CFR 7.2%)**

1987: 1,841 cases

1988: 8,211 cases  
1989: 4,264 cases

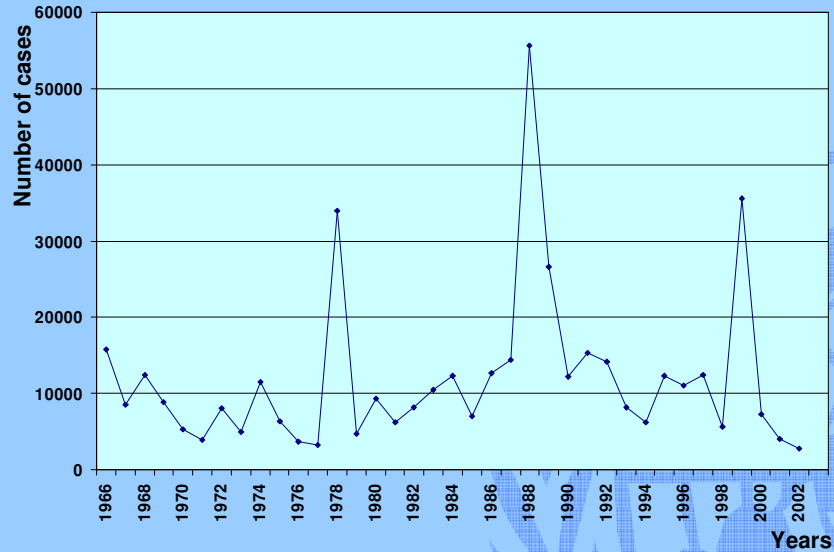


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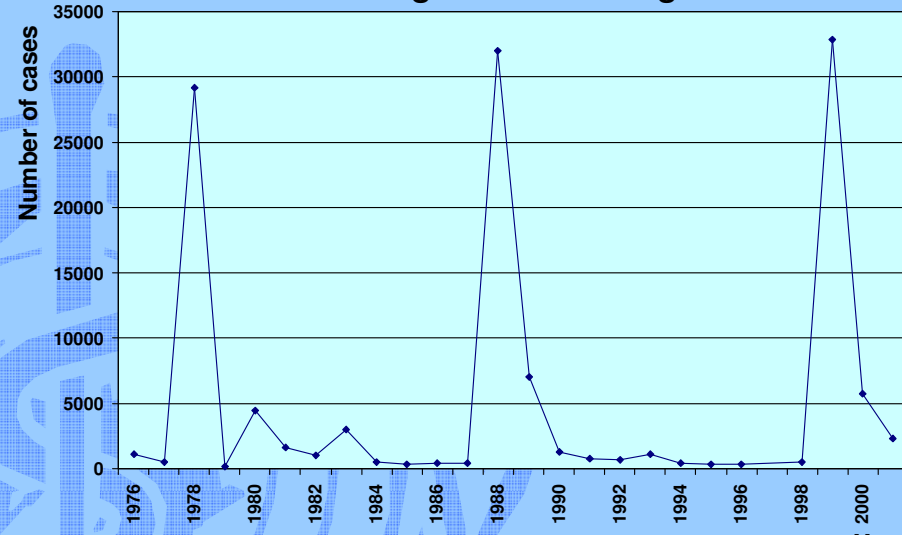


# Meningococcal meningitis in the EMR

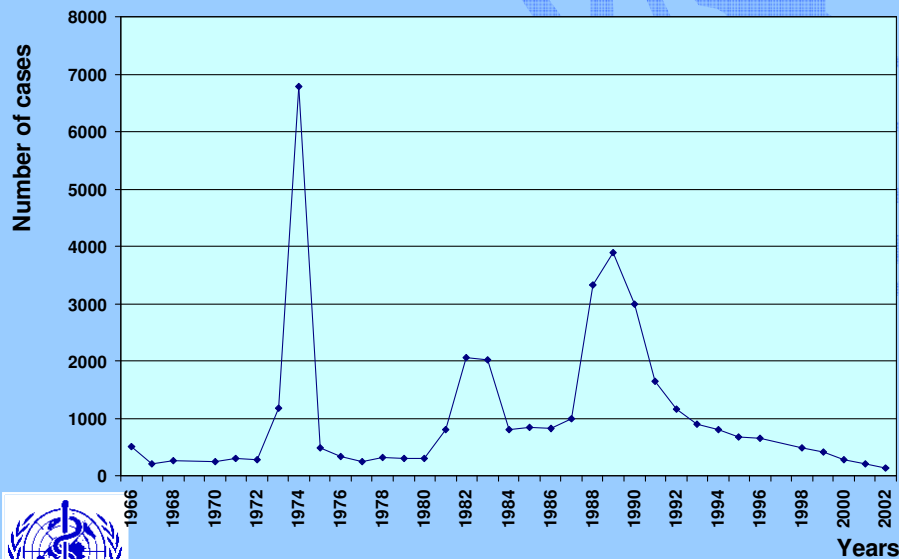
Notified Meningococcal Meningitis in EMR



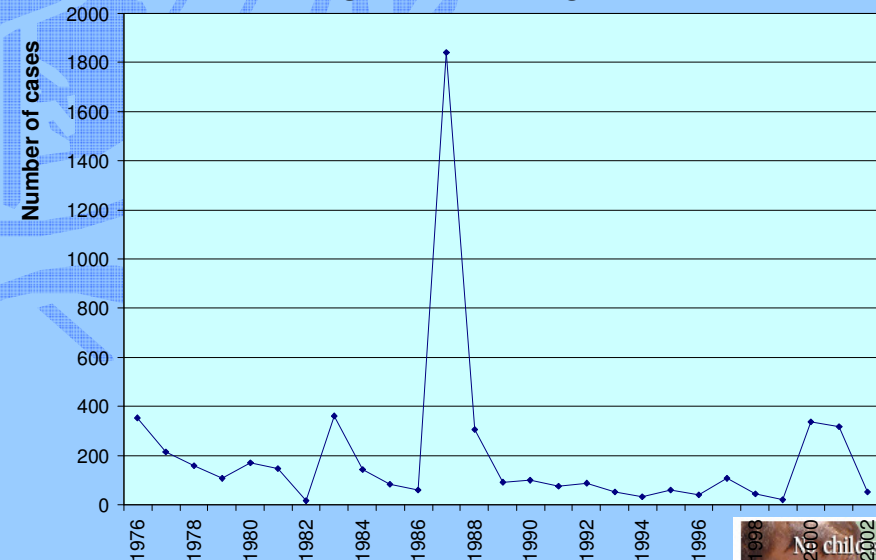
Notified Meningococcal Meningitis in Sudan



Notified Meningococcal Meningitis in Egypt



Notified Meningococcal Meningitis in Saudi Arabia



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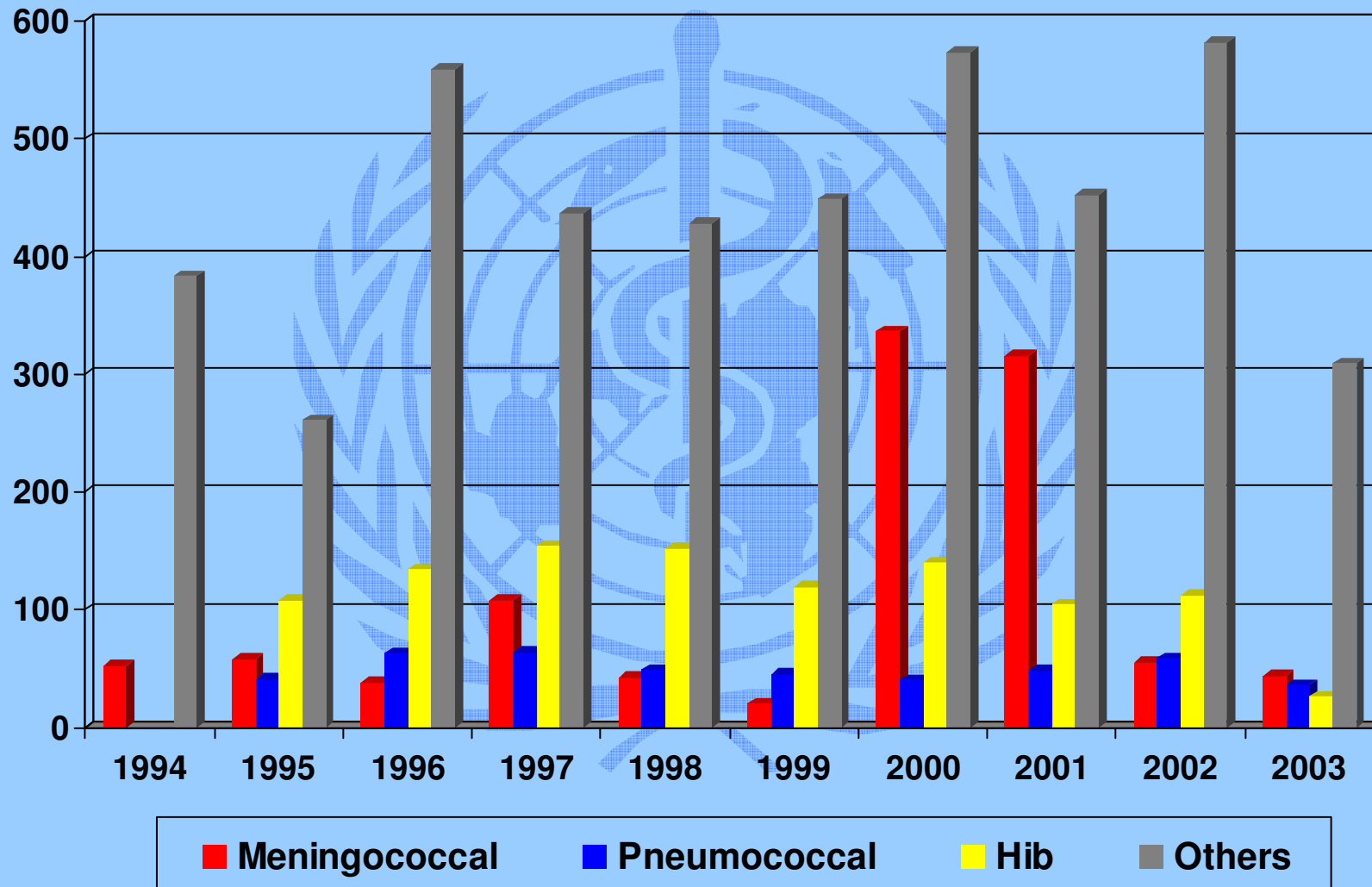


# W135: an emerging threat

- **Up till yr 2000, epidemics were mainly caused by serogroup A**  
(B & C → sporadic cases & localized outbreaks)
- **Emergence of W135 as an epidemic sero-group:**
  - » 2000-2001: epidemics in Saudi Arabia during Hajj
  - » 2000-2001: world-wide epidemic after Hajj
  - » 2002: W135 epidemic affected Burkina Faso (14,000 cases – 1,500 deaths)
  - » 2003: Mixed epidemics A-W135 confirm spread of W135 in the meningitis belt
  - » 2005: mixed localized A-W135 outbreak in Darfur, Sudan
  - » 2006:
    - localized W135 outbreak in Darfur, Sudan
    - Sero-group A epidemic in southern Sudan



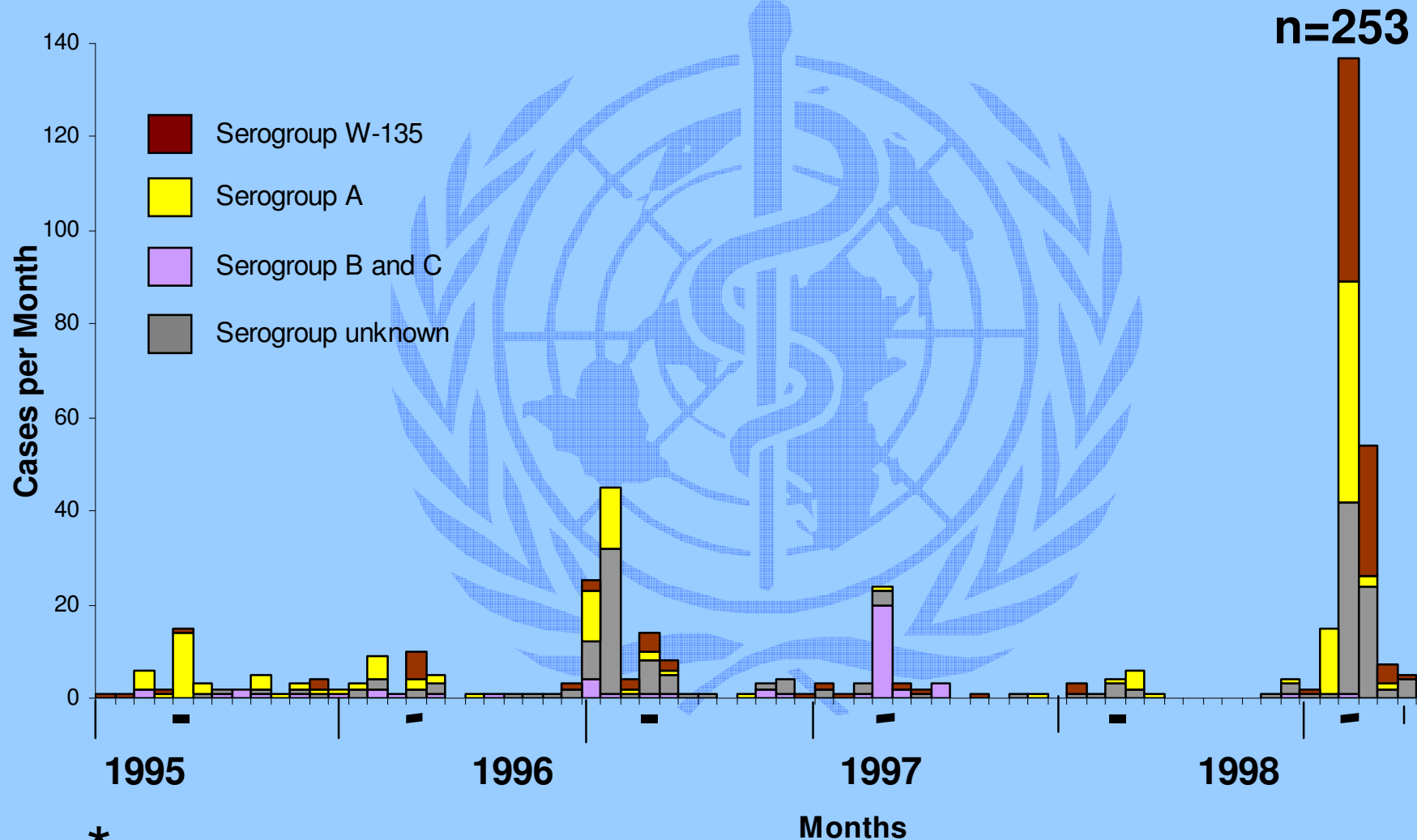
# Reported Meningitis Cases, KSA, 1994 - 2003



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# Meningococcal disease in Saudi Arabia, 1995-2000 (Lingappa et al. EIDJ 2003)



\*

Cases of meningococcal disease with dates converted from Islamic calendar months. The period of the Hajj pilgrimage for each year is underscored.



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# Meningococcal Vaccines

- ❑ Polysaccharide vaccines
  - ❑ AC, ACW135, ACYW135
  - ❑ Poorly immunogenic in infants
  - ❑ Only short term protection for children below 4 years
  - ❑ NOT recommended for routine vaccination
  - ❑ Mass vaccination is the only way to control epidemics
  
- ❑ Conjugate vaccines:
  - ❑ Conjugate vaccine for C only is available
  - ❑ Conjugate vaccine against Group A is expected 08-09
  - ❑ Several combinations of conjugate vaccines are being developed



# Properties of meningococcal vaccines

	<i>Polysaccharide vaccines</i>	<i>Conjugate vaccines</i>
Immunogenicity		
5 yr olds-adults	<b>High</b>	<b>High</b>
Young children	<b>Poor</b>	<b>High</b>
Response to Booster	<b>Poor</b>	<b>High</b>
Quality of Antibody in Children		
Avidity	<b>Low</b>	<b>High</b>
Bactericidal activity	<b>Low</b>	<b>High</b>
Induction of memory	<b>+/-</b>	<b>Yes</b>
Effect on Colonization	<b>+/-</b>	<b>Yes</b>





# *The Meningitis Vaccine Project*

- ❖ Created in June 2001 by a \$US 70 million grant from the **Bill & Melinda Gates Foundation** as a 10 year partnership between **WHO** and **PATH**
- ❖ Eliminate epidemic meningitis as a public health problem in Sub-Saharan Africa through the development, testing, licensure, and widespread use of *conjugate meningococcal vaccines*.



# *Guiding Principles*

- The project is **about public health impact** and not simply making vaccines available
- Decisions about candidate vaccines linked to introduction strategies and likely financial constraints
- **African public health officials to be closely involved with MVP**



## *Discussions with African Public Health Officials & WHO/AFRO, Fall 01-Spring 02*

- **Cost of vaccine** was the most important limiting factor to the introduction of new vaccines
- Meningitis belt countries are the **poorest in the world**
- Success of MVP (**widespread use of a conjugate meningococcal vaccine** in mass campaigns) would not be possible **unless vaccines were priced less than than \$US 0.50 per dose**



# *Choice of Men A Conjugate Vaccine*

Extensive discussions throughout the Fall of 01 and a decision was made to pursue the **development of a monovalent A vaccine** because:

- » Great proportion of meningococcal isolates from Africa still Group A
- » Advantage of simplicity, low risk, and solid public health impact
- » Low price-sustainability of the program



# *Use of the Monovalent A Conjugate Vaccine*

- Used as **a single dose in mass vaccination campaigns** throughout the meningitis belt for persons between 1 and 29 years of age (target population about 250 million in 18 countries)
- **EPI antigen in under ones** (2 doses; 14 weeks with DTP3 and at 9 months with measles)



# *Men A Conjugate Vaccine Development*

- Could not reach agreement with major vaccine manufacturers; negotiations ended in March 02
- Consortium of manufacturers has been created
  - » Amsterdam company to produce A PS
  - » Public laboratory in US to develop conjugation method
  - » Indian company to produce vaccine



- *Available by 1009-2010*
- *Target price of 40 cents per dose*

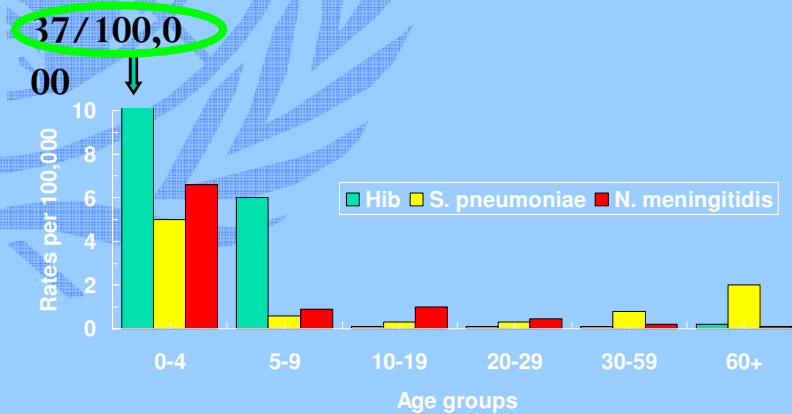
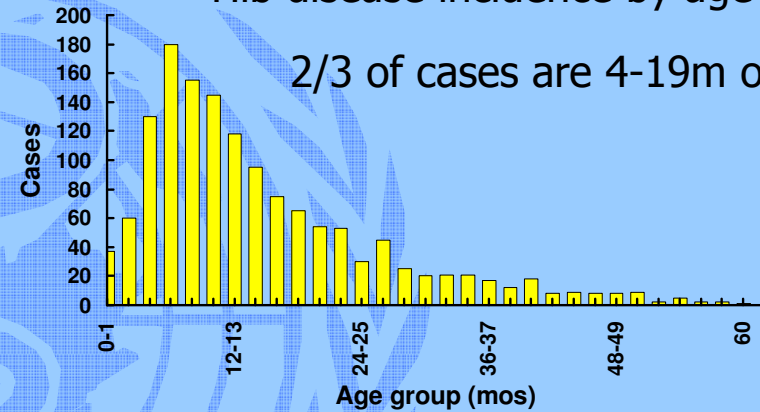
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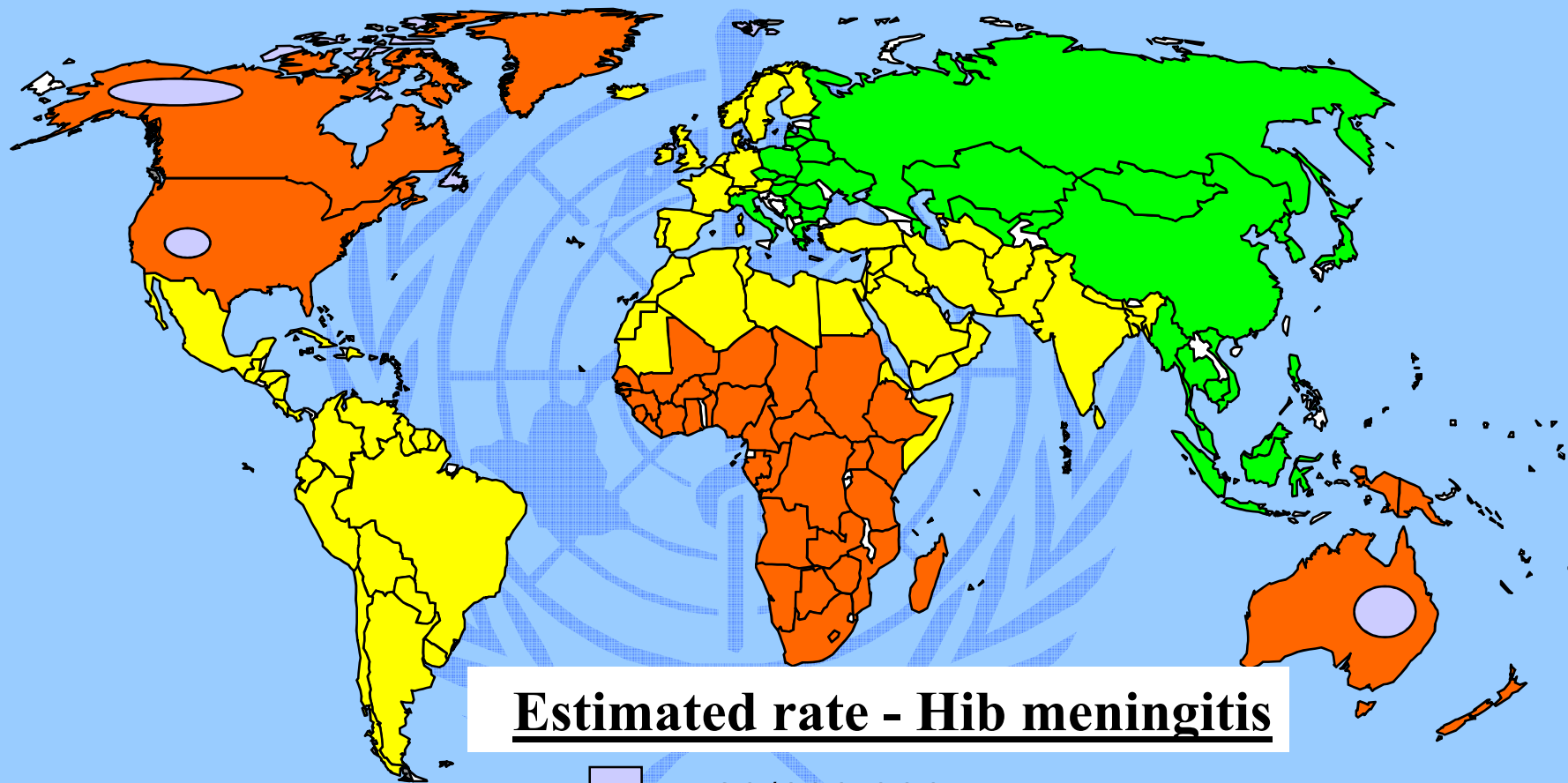
# 2. Hib Disease

- Global burden:
  - » in children less than five years of age
    - Hib is the **most common cause of bacterial meningitis**
    - Hib is the **second most common cause of serious bacterial pneumonia**
    - **400,000-500,000 deaths/year estimated in children less than five years of age**

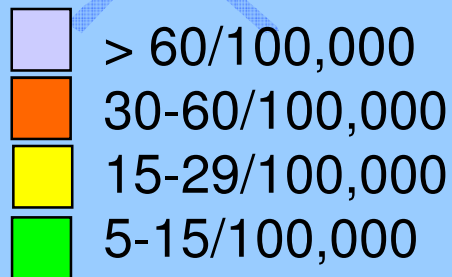
Hib disease incidence by age group



# Hib meningitis burden



**Estimated rate - Hib meningitis**



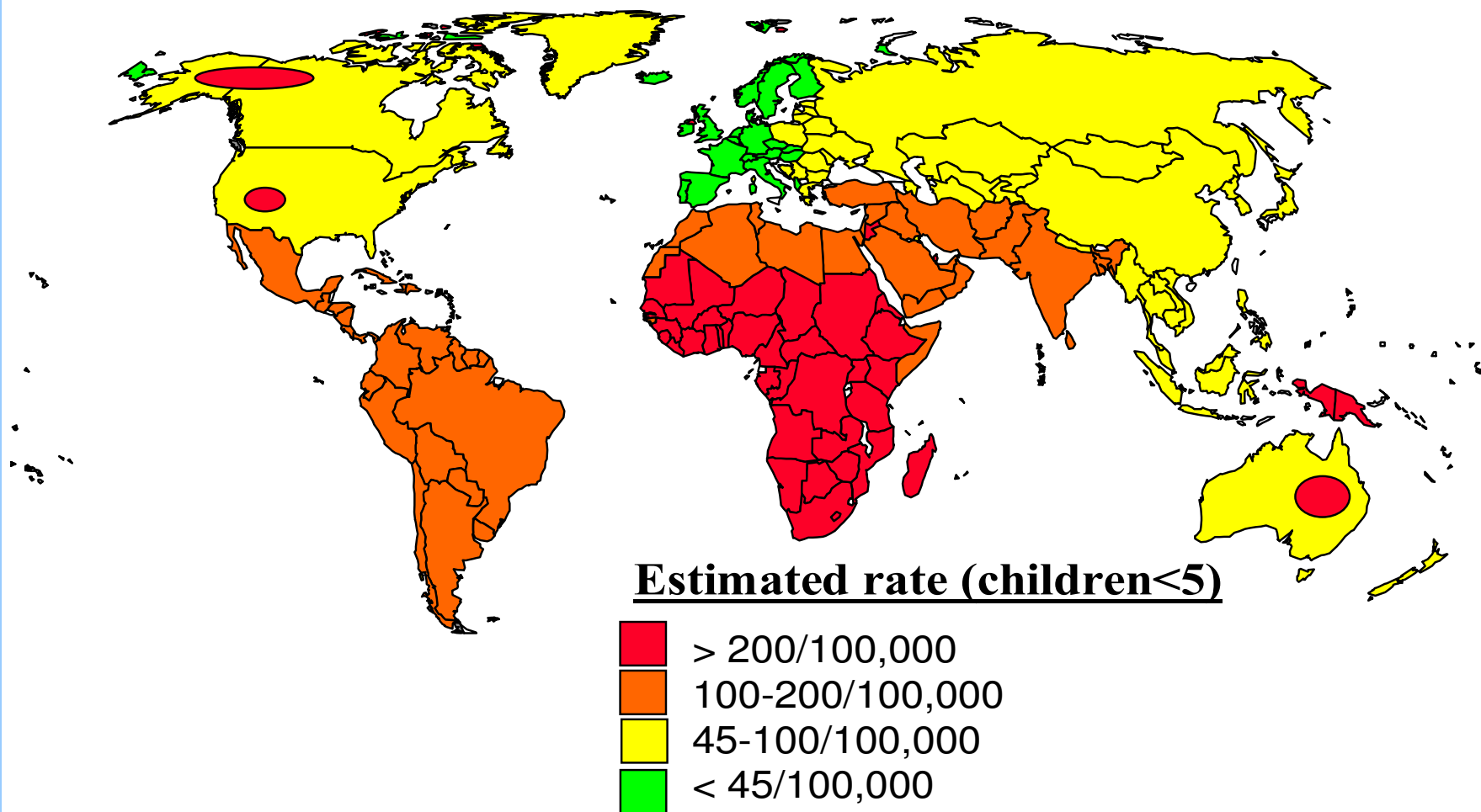
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# Hib meningitis and pneumonia burden

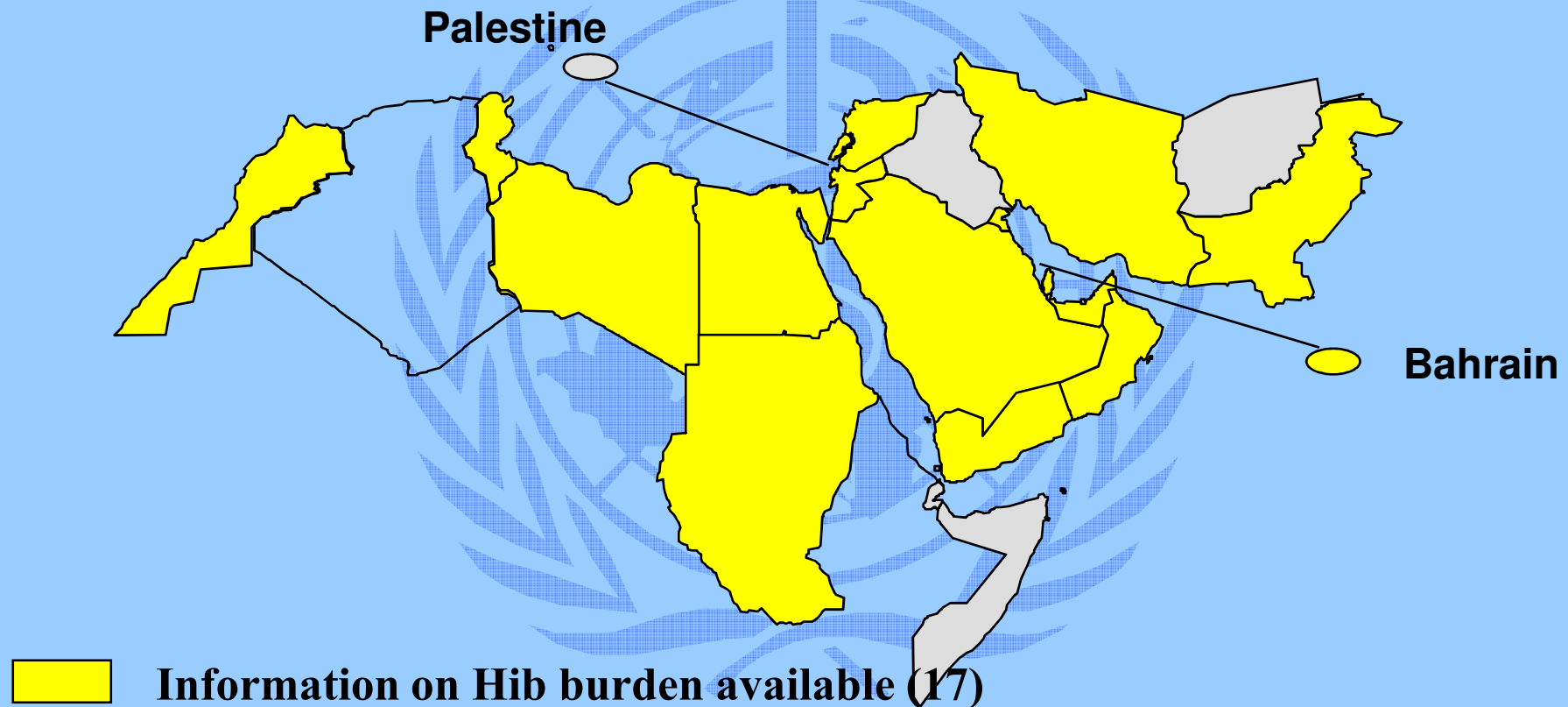


# Hib disease in the EMR

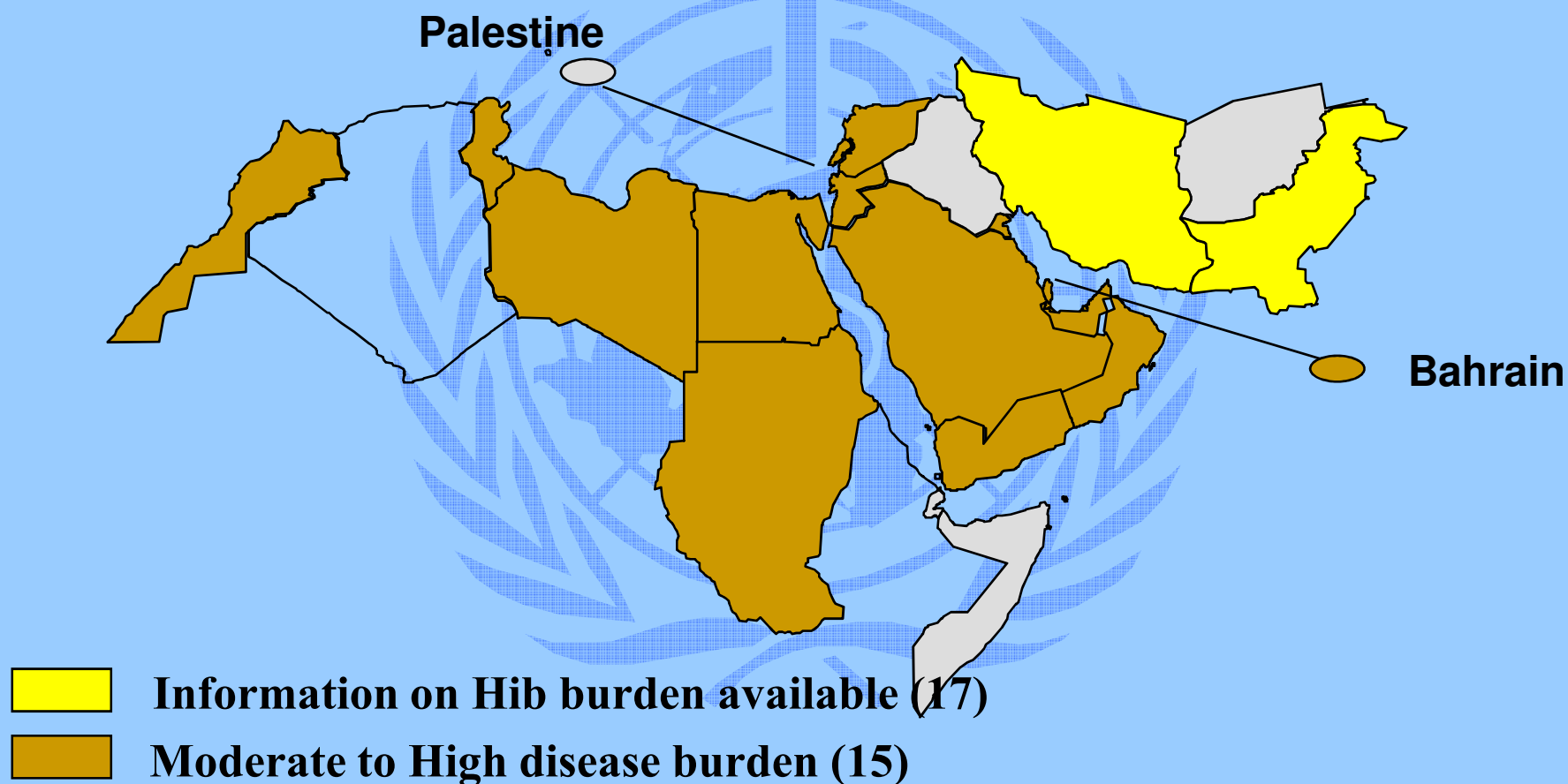
- Total Hib disease cases:  
estimated 90,000-120,000 Hib cases/year
- Hib meningitis
  - cases:
    - Incidence: up to 58/100000 <5 children
    - estimated 16 000 cases/year, (>12% of the global cases)
  - Deaths:  
Estimated >6 500/year



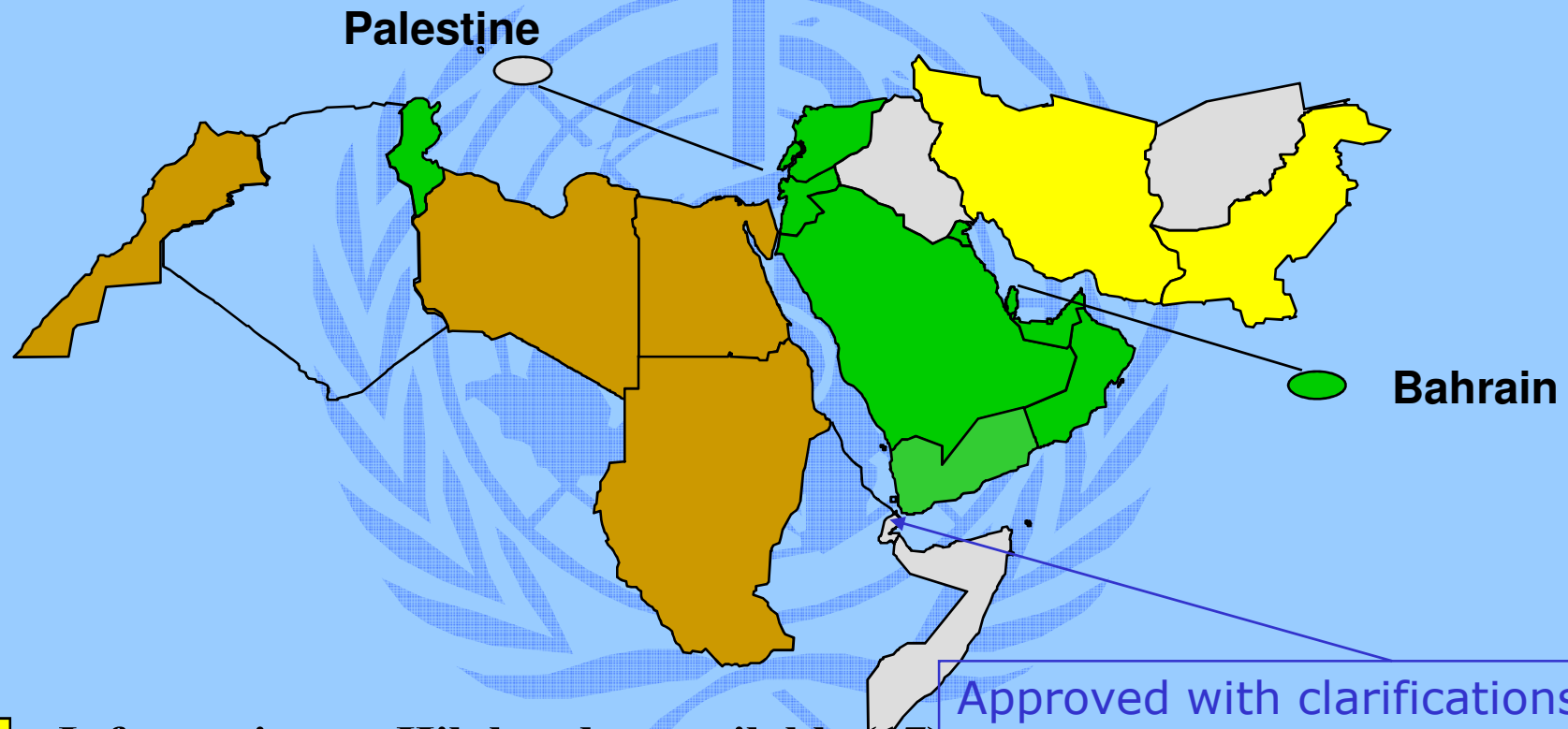
# Countries with available information on Hib disease burden






# Countries with "demonstrated" high Hib disease burden



# Countries with Hib vaccine introduced into routine EPI



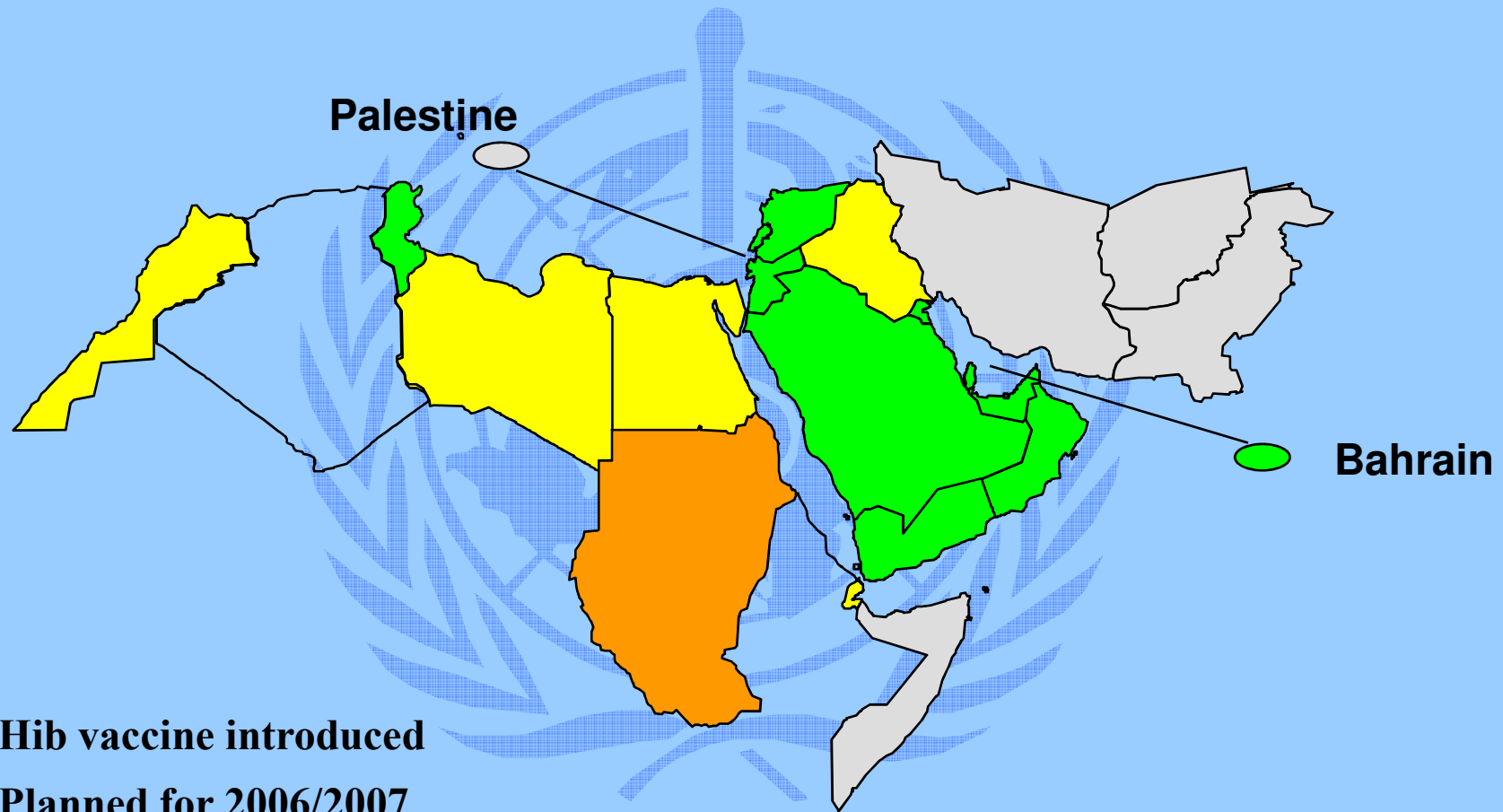
-  Information on Hib burden available (17)
-  Moderate to High disease burden (15)
-  Hib vaccine introduced (11)






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# Hib vaccine in the EMR, as of March 2006



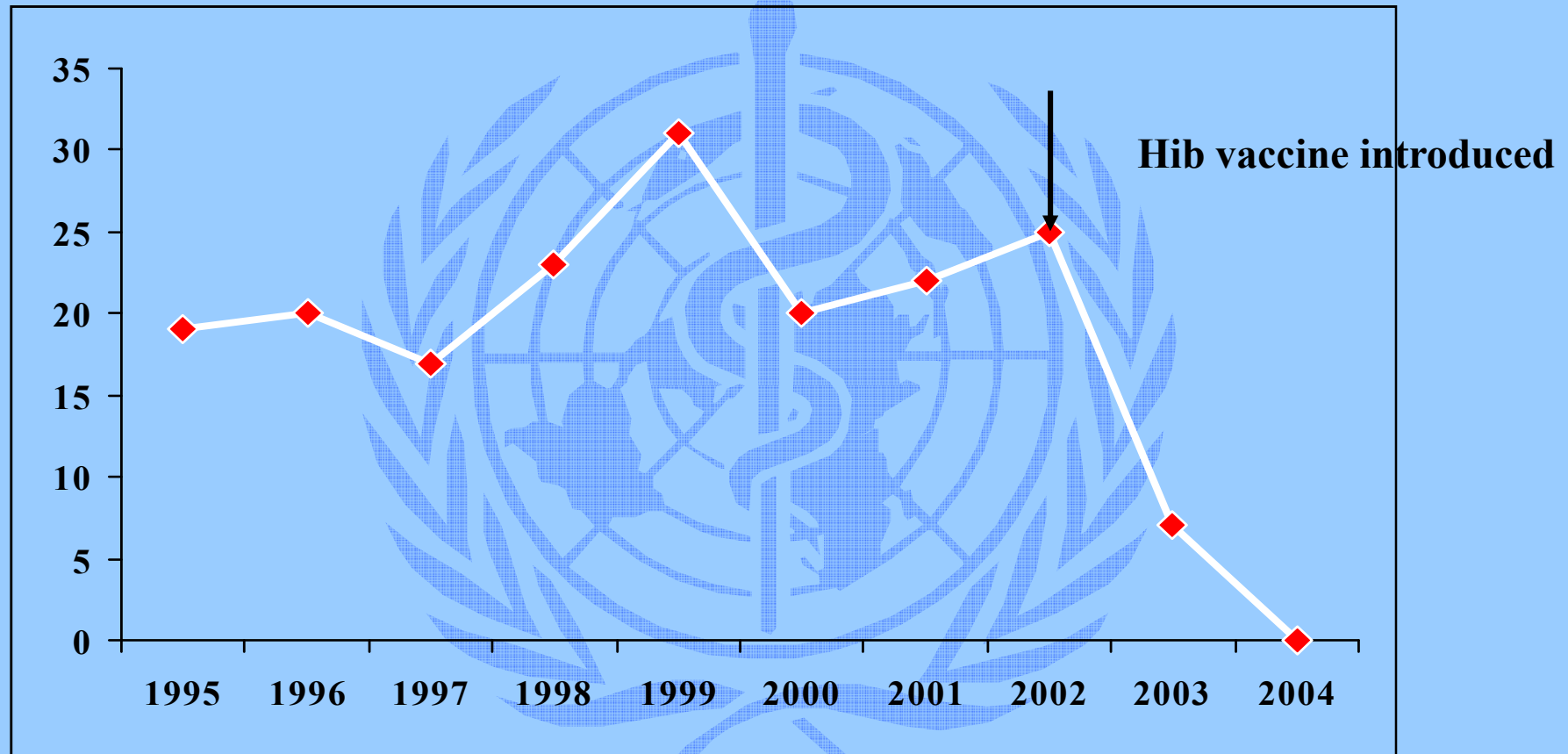
-  Hib vaccine introduced
-  Planned for 2006/2007
-  Planned for 2008



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# Hib Meningitis among children <5 y in Oman



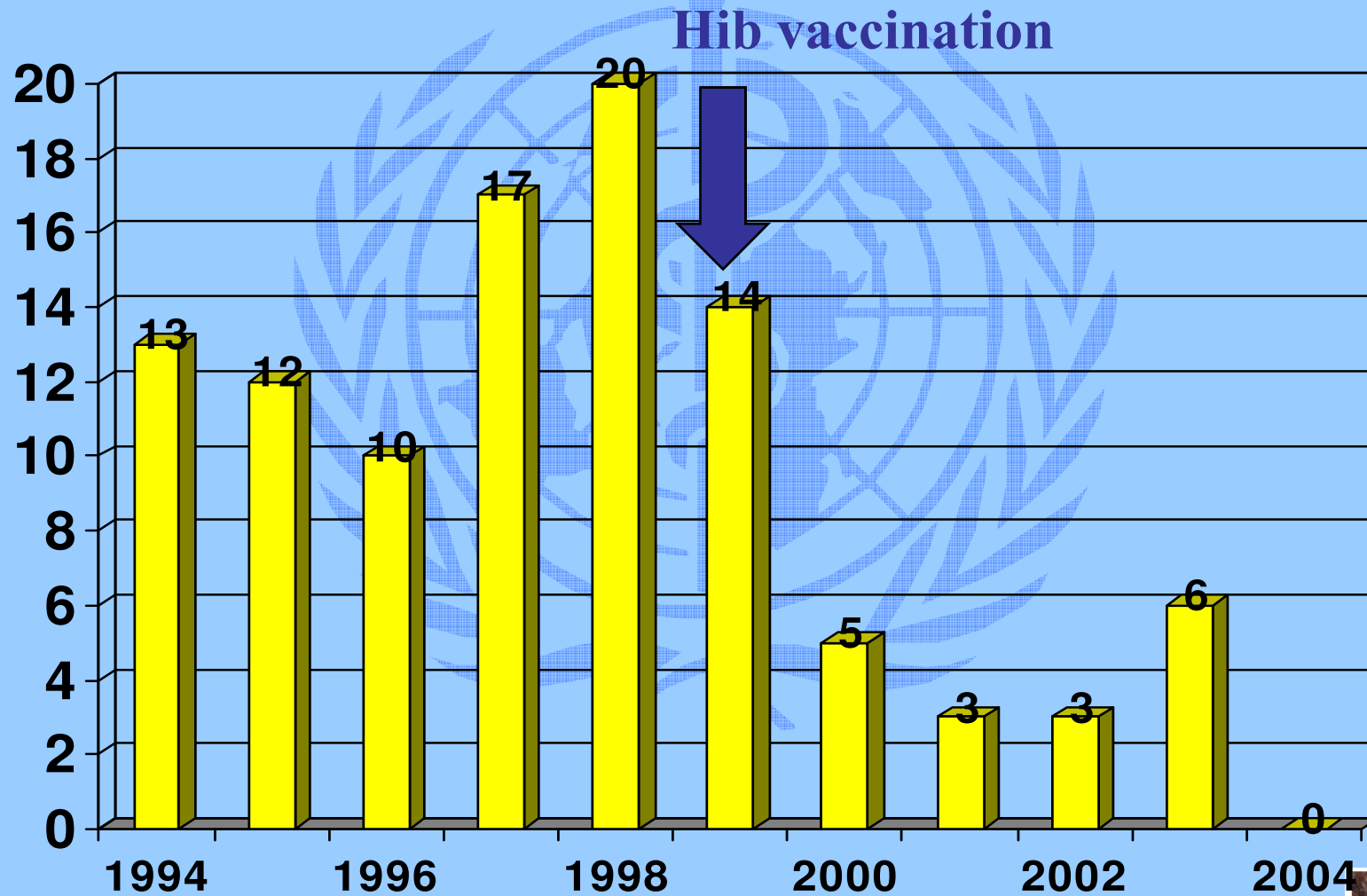
Source, EPI programmes



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# Hib meningitis cases < 5 years, UAE

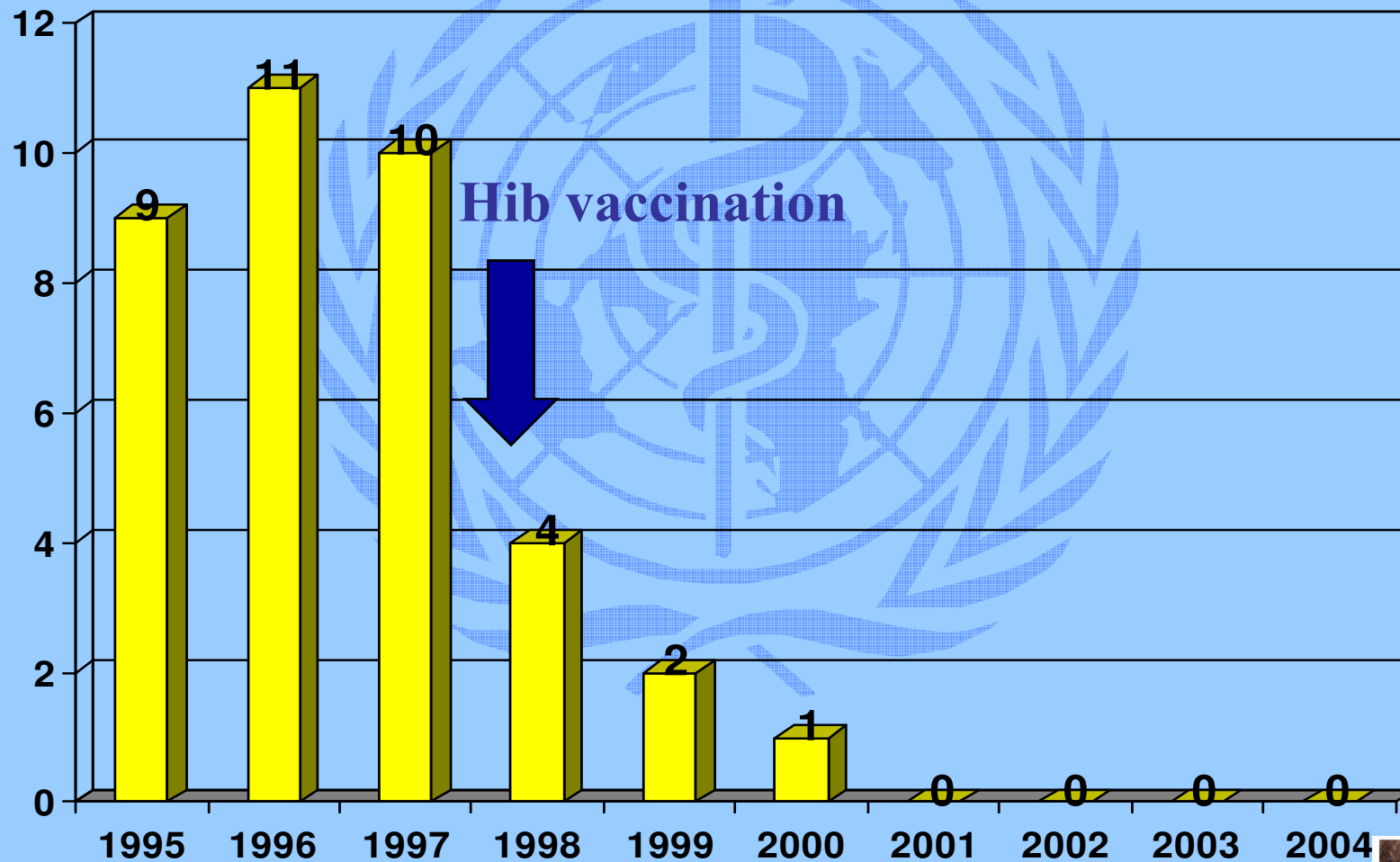


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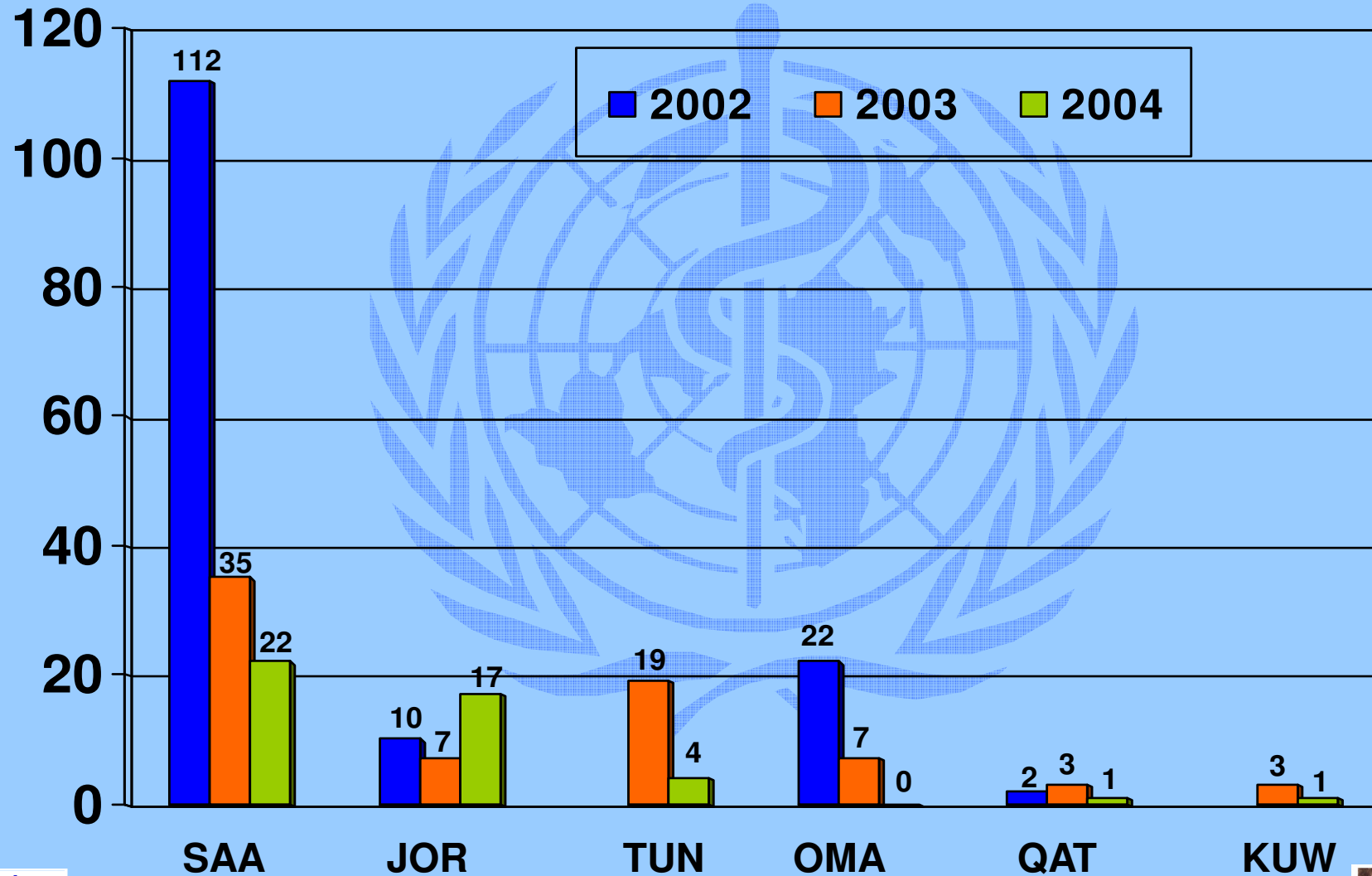
# Hib meningitis cases < 5 years Bahrain



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# Hib meningitis cases < 5 years



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# 3. Pneumococcal diseases in the EMR

- Pneumococcal Pneumonia
  - » 146,000 deaths (Pneumo-ADIP estimate)
- Pneumococcal meningitis
  - » 15-35% of the total bacterial meningitis cases with higher mortality and disabling sequels (published data)



# The pneumococcus as a cause of acute bacterial meningitis in EMR

Country	Ref, year	Age	% due to the Pneumococcus
Egypt:	Sentinel surveillance 98-02, NAMRU-3	≤ 5 years	32
		>5 years	40
		All age	37
Iran:	population-based study, Shiraz, 2001-03	2 ms-12 years	34.3
		2-12 months	18.8
		13-48months	23.5
		48 ms-12 years	51.6
Jordan	Daoud, 1995	0.2-12	15
Lebanon	2004	All ages	34.4
Libya	(Rao, 98)	0.1-10	26

Source: Published data



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# The pneumococcus as a cause of acute bacterial meningitis in EMR (cont'd)

Country	Ref, year	Age	% due to the Pneumoc
Kuwait	Zaki,90	All ages	20.9
Oman	2004	All ages	50.0
Qatar	2003	All ages	30.3
Pakistan	khan, 98	0-15	67.1
SAA	Almuneef,, King Fahd hosp, 01	0-15	31
Sudan	Khartoum 2004	All ages	15.3
Tunisia:	population based study, 4 gov. 00-02	< 5 years	13

Source: Published data



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# Antimicrobial resistance of pneumococci

Country	Antibiotic, % intermediate to high resistance			
	Penicillin	Chloramp	Cotrimx	Ceftria
Egypt, Alkholy 03, (all infections)	37			16
NAMRU-3, 98-2002 (meningitis)	50	21		0
Iran, Oskoui 03 (all infections)	68	22	52	25
Zamanzad, 03 (meningitis)	50	13		
Libya (98), meningitis	18			
Kuwait, Ahmed, 99 (ARI)	53.8			
Morocco, Benbachir 01 (all infections)	9.2	2	14.8	



Source: Published data

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# Antimicrobial resistance of pneumococci (cont'd)

Country	AB, % intermediate to high resistance			
	Penicillin	Chloramp	Cotrimx	Ceftria
Oman, Elhag, 97 (all infections)	38			
Pakistan, Rajper 97, (meningitis)	34	22	35	
SAA, AlAqeel, 2002 (bacteremia)	51			7
Yemen, Alzubiery 01, (meningitis)	33.3	33.3		16.7
Tunisia, Ben Redjeb 2005, (1999-2003)	33-51%	7-12%	30-40%	7-12%

Source: Published data



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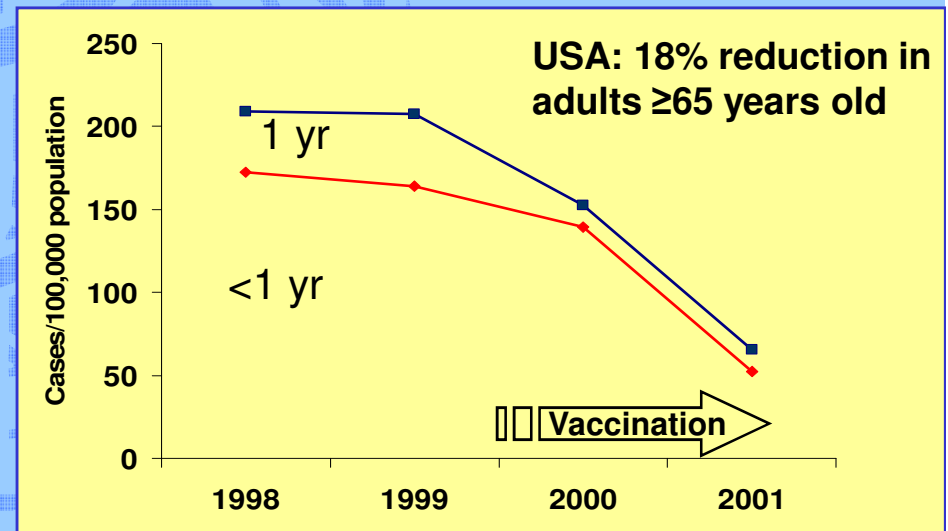


# Pneumococcal vaccines

- Pneumococcal polysaccharide vaccine: 23 valent

## Pneumococcal conjugate vaccines:

- » suitable for EPI
- » 7 Valent available, covers around 80% of disease serotypes in US
- » 10 valent: coming soon





# Pneumococcal vaccines

- Circulating Serotypes in different countries\*:
  - » Egypt: 49% and 69 % of the circulating serotypes are vaccine serotypes (7valent and 10-valent respectively)
  - » Tunisia: 62% (7valent)
  - » Saudi Arabia: 63% (7valent) and 78% (10-valent)
  - » Qatar: 54% (7 valent) and 56% (10valent)

**Culture is a must to identify the circulating serotypes and, hence, suitability of the vaccine**

\*Source: Data presented to intercountry pneumococcal surveillance workshop, December 2004 and monitoring and evaluation workshop, Tunis March 05



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# Eastern Mediterranean Lab- Based Bacterial Meningitis Surveillance Network **BMS-Net**



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# Introduction of new vaccines: How much we care about

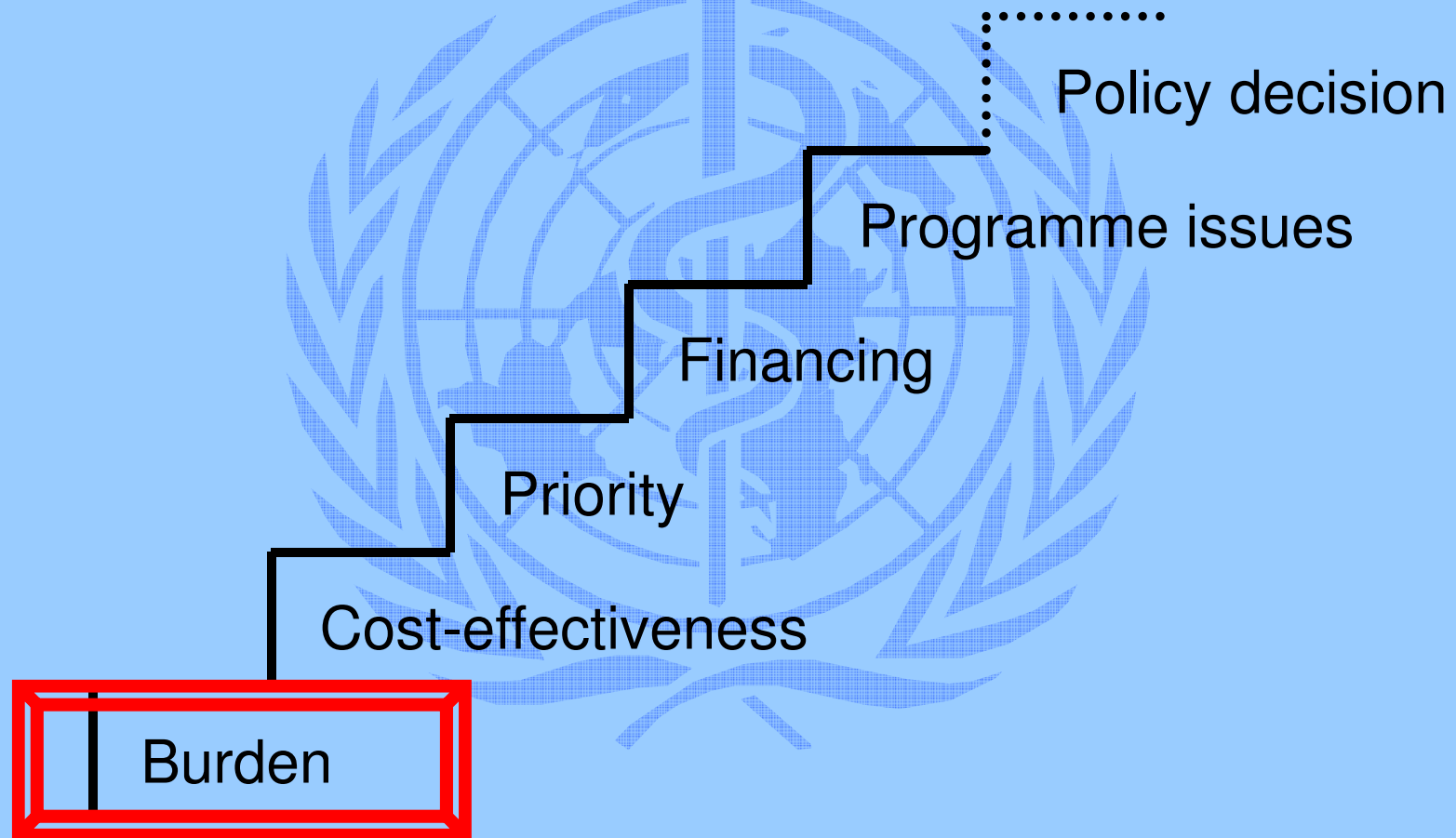
## Vision of WHO/EMRO



ensure providing safe vaccine for every childhood vaccine preventable diseases to every child in the Region



# Tools for Decision Making on vaccine Introduction



# The importance of surveillance in new vaccines introduction

## Pre-introduction

Document disease burden

suitability of the vaccine

Baseline data for impact assessment

## Post-introduction

Assess impact of vaccination on disease

Assure equitable coverage/effectiveness

Vaccine introduction



*Time*



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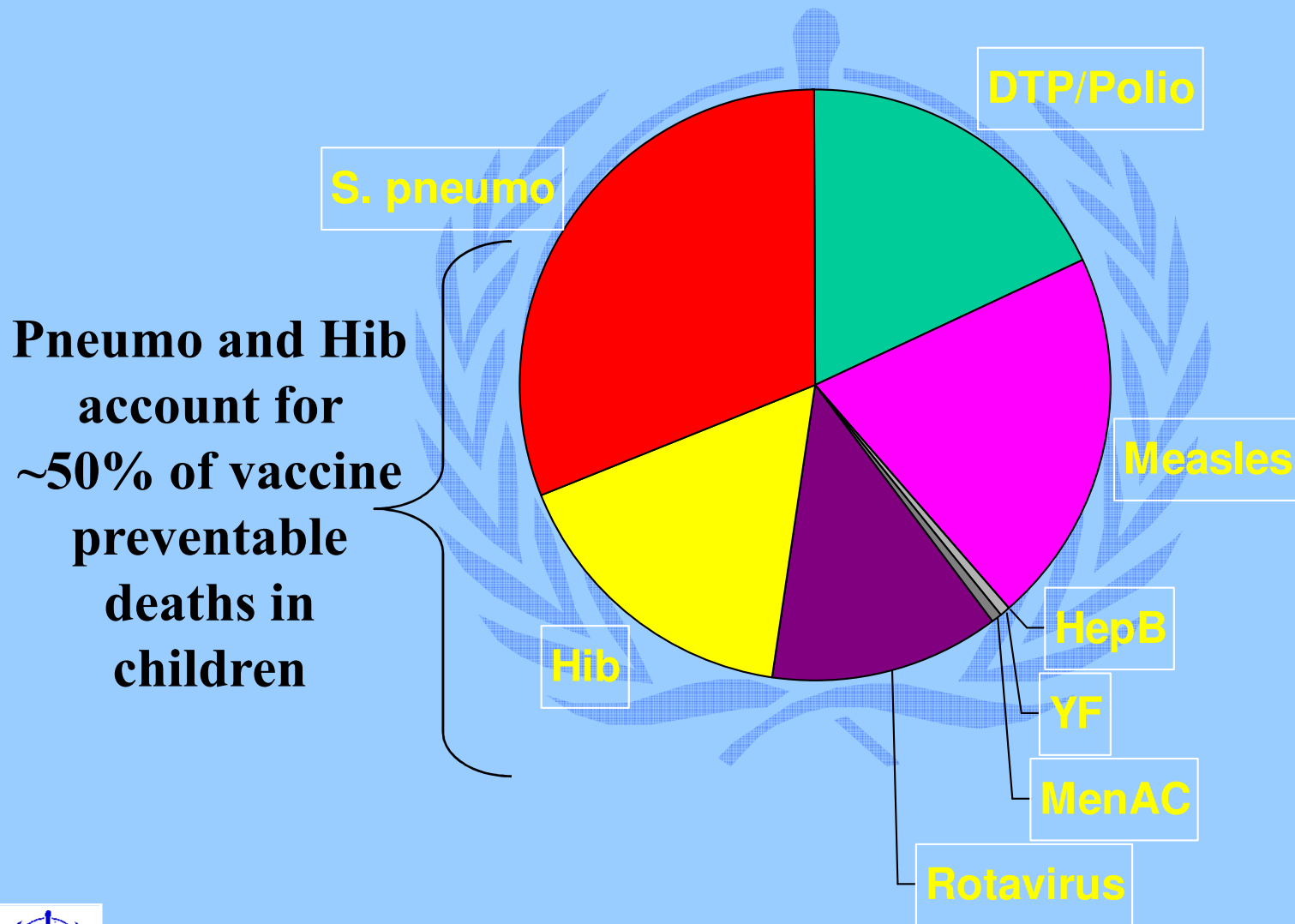


# Bacterial meningitis surveillance network in the EMR: Why Nm, Sp and Hib:

- ❑ Meningitis caused by Hib, *N. meningitides*, *S. pneumoniae*: 80% of bacterial meningitis in the region
- ❑ Hib and *S. Pneumoniae* are the leading cause of pneumonia among children
- ❑ Burden of Meningitis caused by Hib and pneumococci is an indicator of pneumonia caused by them
- ❑ Effective preventable measures are available/in the pipelines (new vaccines)
- ❑ Data are needed to guide introduction of new vaccines



WHO estimates 2.7M childhood deaths from vaccine preventable illnesses.



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# BMS-Net

## *Objectives of lab-based BMS*

- o Generate quality data in order to:
  - o document burden and trends of bacterial meningitis caused by Hib, Pneumococcus and meningococcus
  - o support evidence-based decision making for prevention and control strategies specially introduction of new vaccines
  - o guide clinical management of cases
  - o study antibiotic susceptibility/resistance pattern
  - o monitor and evaluate prevention and control measures specially vaccination programmes
- o Build surveillance capacity for long term use





# Why a regional surveillance network:

- Provides **common protocols/methods and standards**: ensures standardized, comparable data
- **Share expertise and experience**: Creates group of regional experts
- **Foundation** for training and infrastructure building
- **Share/reduce costs** of some components
- **Mobilize resources** and builds platform for **international collaborations**
- Elevates **visibility of disease and results** of surveillance among regional and global community



# BMS-Net

## EMRO perspective:

- A Country programme:
  - » ownership of MoH
- Building on/strengthening ongoing activities
- Emphasis on culture for confirmation:
  - » Identifying circulating strains and suitability of the available vaccines
  - » Studying AST (Anti-Microbial Sensitivity testing)

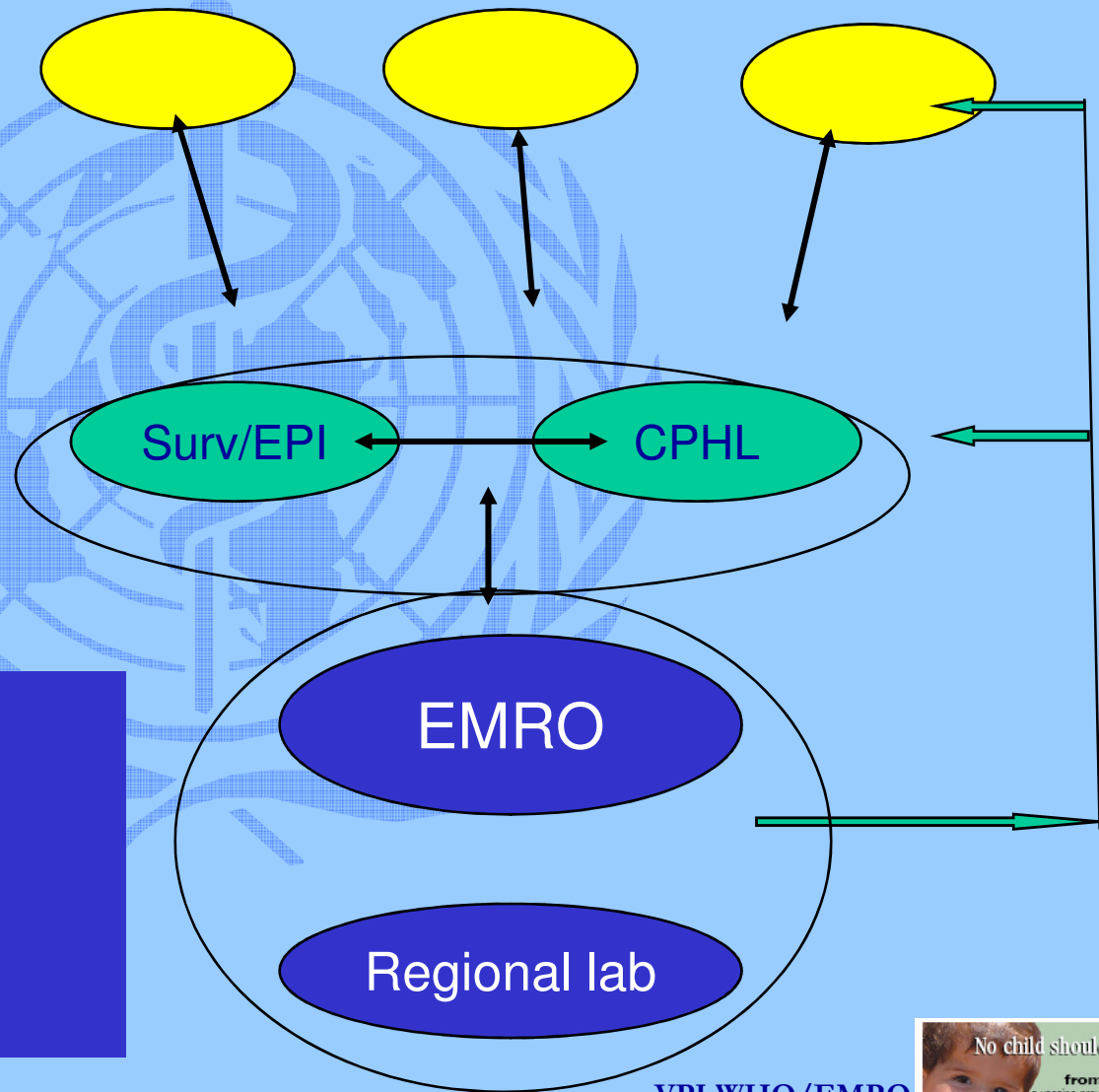


# BMS Net: coordination

Sentinel sites-  
hospital coordinator

Central level (MOH)  
coordination/support, Data  
management, QC

Standards,  
Technical support  
Resource mobilization  
QA/QC  
Strain characterization  
Follow-up visits









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# BMS-Net

## Current situation (April 2006)



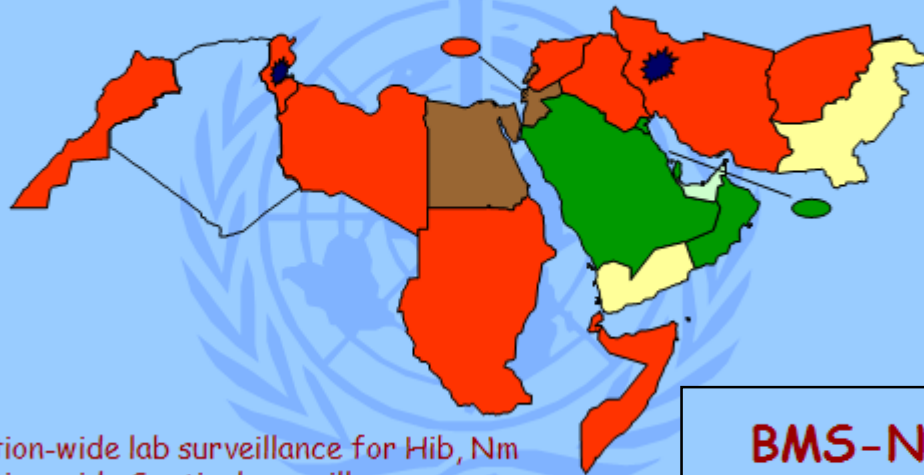
-  Nation-wide lab surveillance
-  Nation-wide Sentinel surveillance
-  Sentinel surveillance in some regions
-  Population-based surveillance
-  Syndromic surveillance
-  No surveillance



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## BMS-Net Situation, January 2004



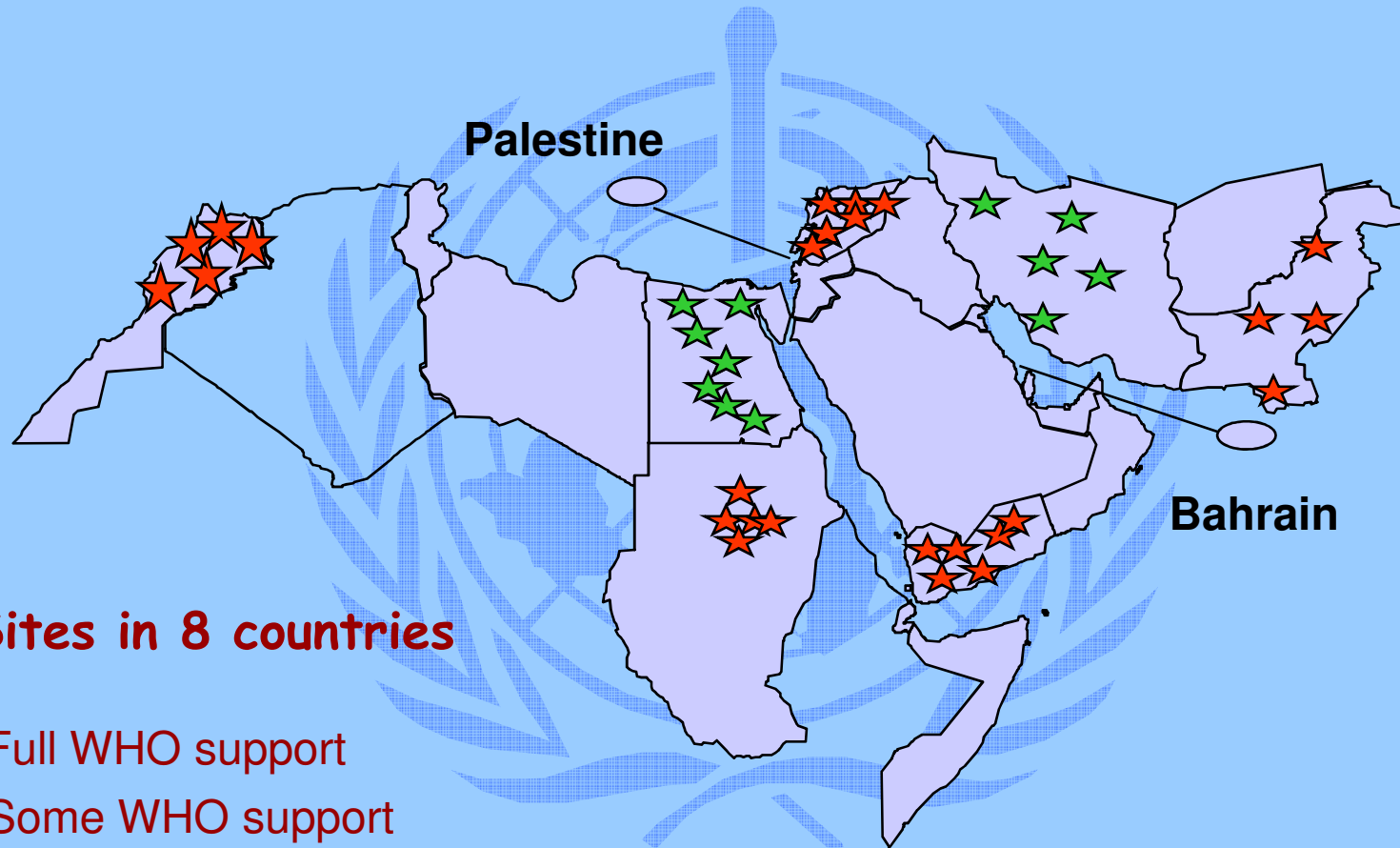
- Nation-wide lab surveillance for Hib, Nm
- Nation-wide Sentinel surveillance
- Syndromic surveillance, Nm confirmation
- ★ Population-based surveillance, Hib only
- None

## BMS-Net Current situation (April 2006)



- Nation-wide lab surveillance
- Nation-wide Sentinel surveillance
- Sentinel surveillance in some regions
- ★ Population-based surveillance
- Syndromic surveillance
- No surveillance

# BMS: Sentinel/pop-based sites supported by WHO, March 06



**38 Sites in 8 countries**

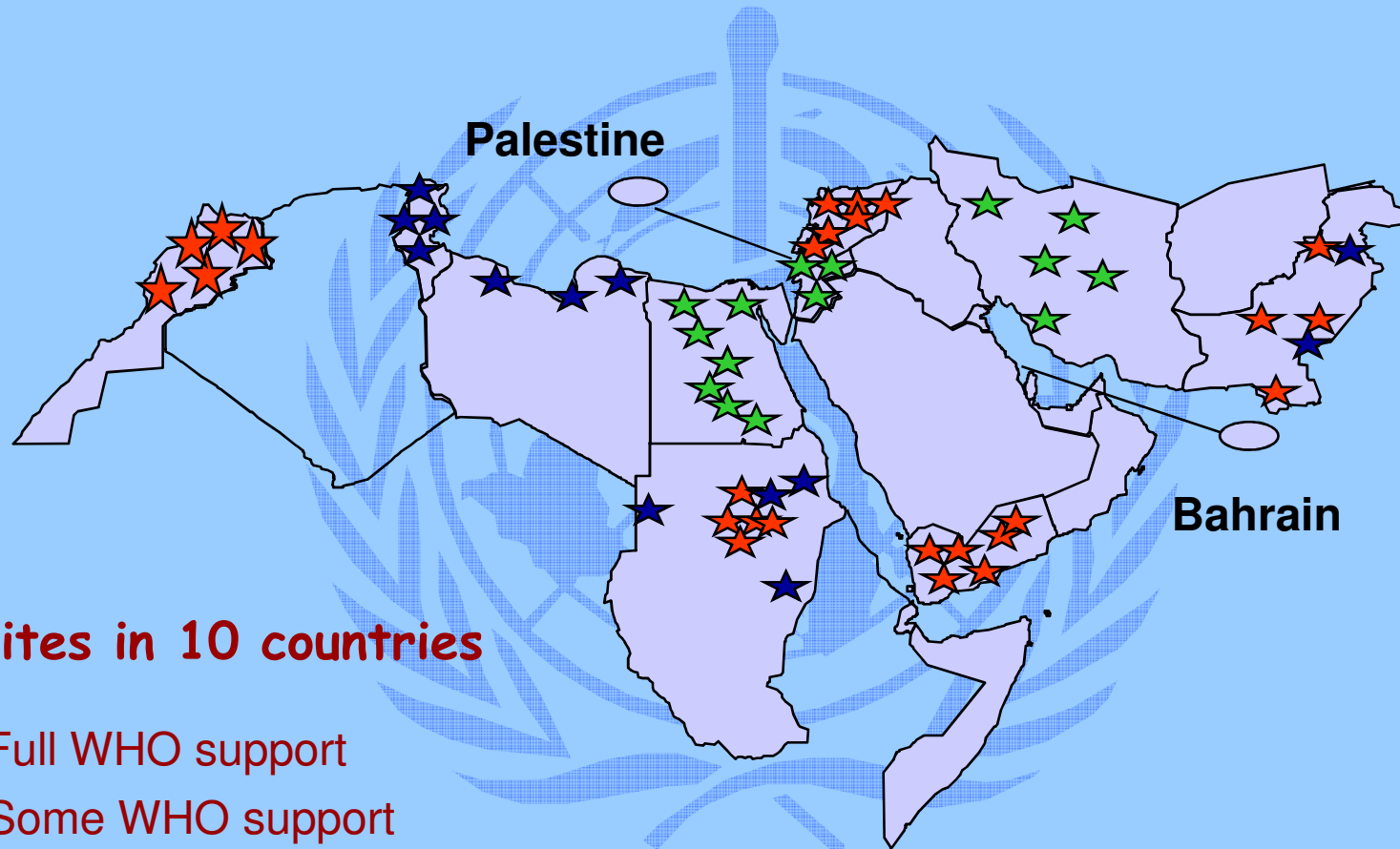
- ★ Full WHO support
- ★ Some WHO support



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# BMS: additional sites: planned May 06



**51 Sites in 10 countries**

- ★ Full WHO support
- ★ Some WHO support
- ★ Additional sites 06



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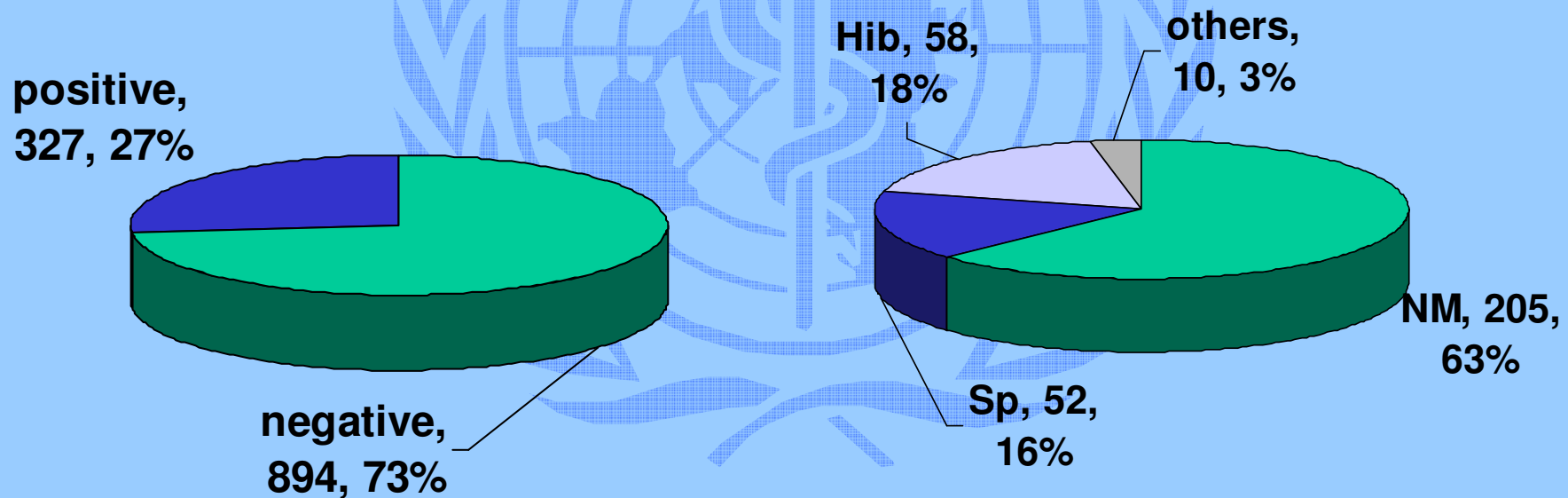


# Bacterial meningitis surveillance, all ages, National system, Morocco 2005

Total suspect. meningitis:1579

prob. bact meningitis 1221

Culture+latex



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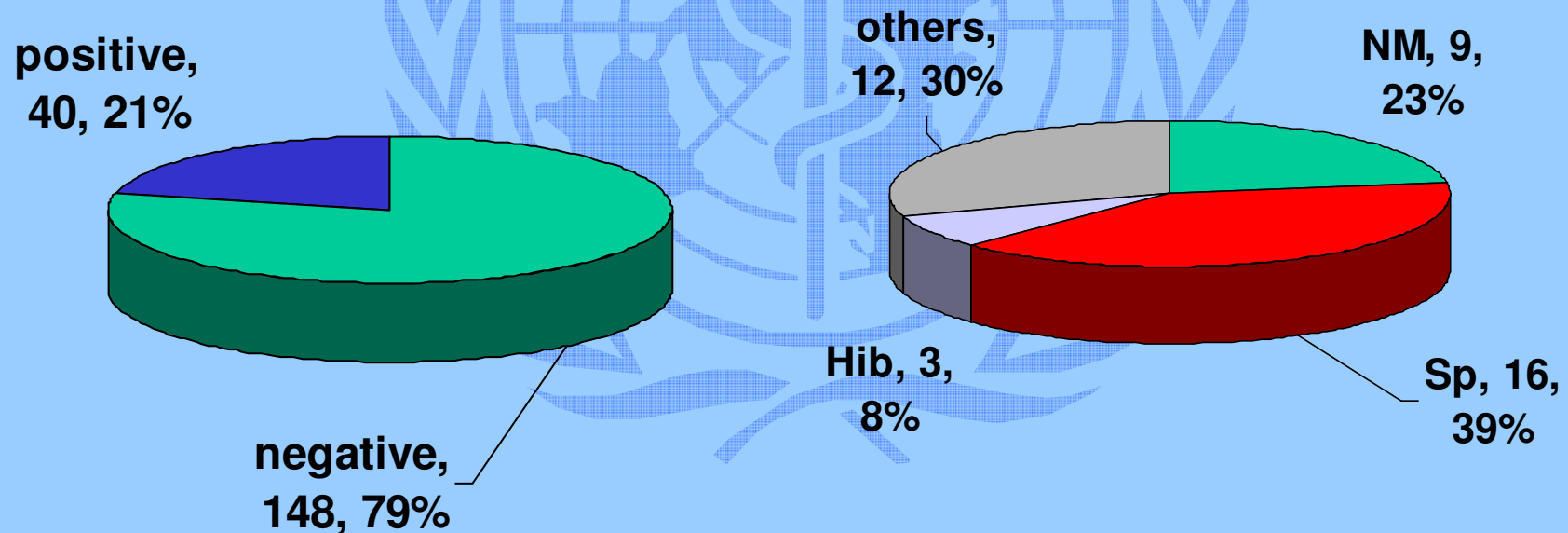




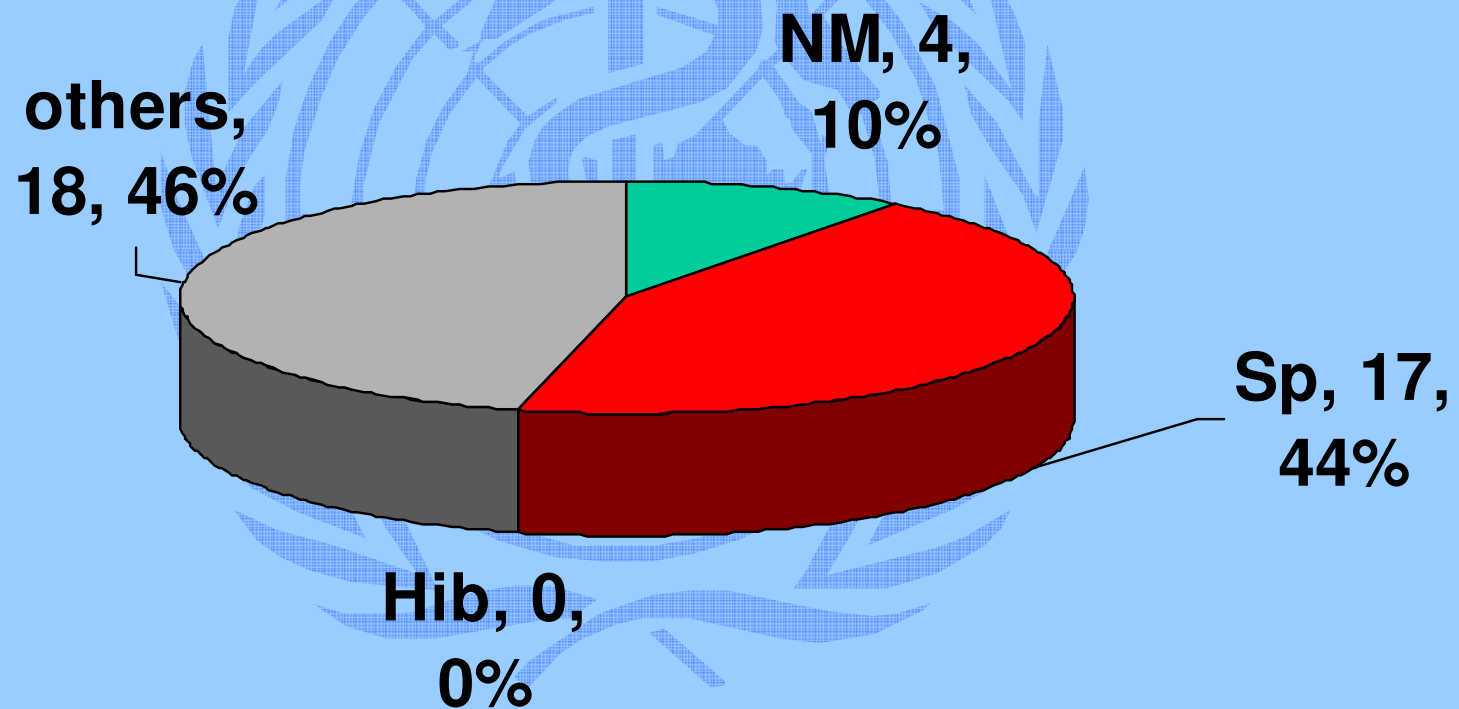
# Bacterial meningitis surveillance, All ages, Lebanon, 2005

Total CSF tested: 188

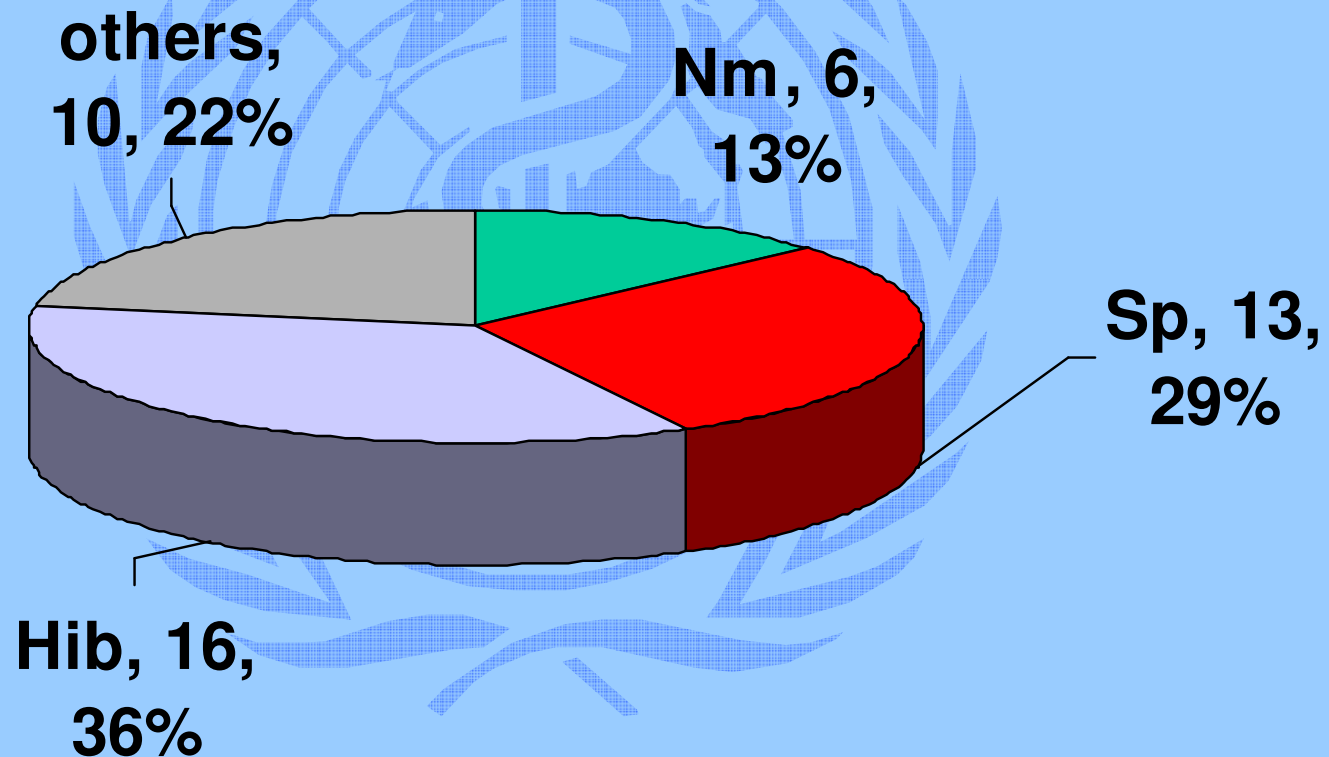
Culture + latex



# Bacterial meningitis surveillance, All ages, Oman, 2004

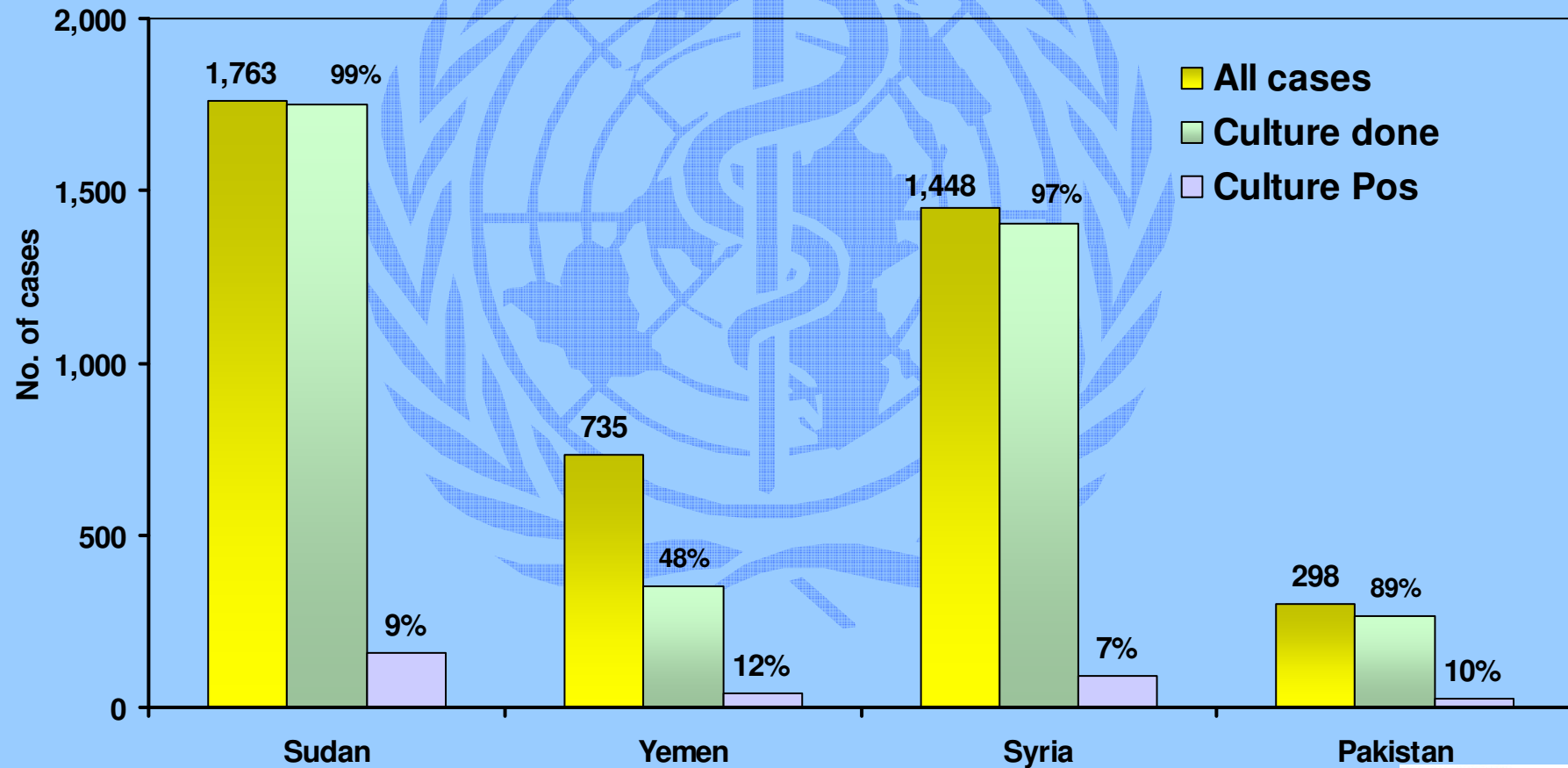


# Bacterial meningitis surveillance, Iran Pop-based sites, 2ms-15yrs, 2004-2005



# Sentinel surveillance in Sudan, Pakistan, Syria and Yemen (full WHO support)

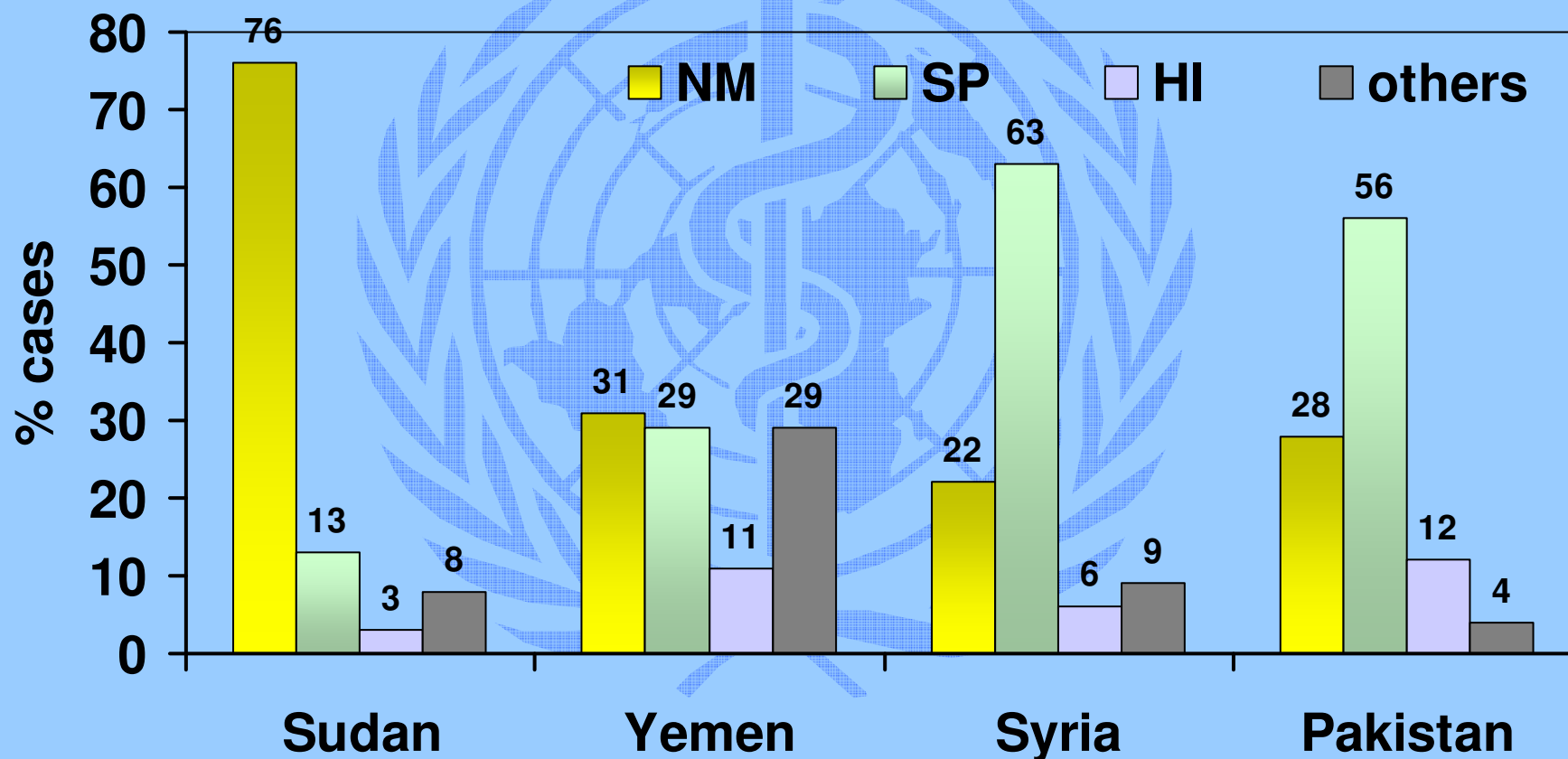
Start date: Sudan: Jan04, Yemen: Aug 04, Syria: Feb 05, Pak: May 05



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## Bacteria Isolated from CSF cultures, all ages >1 ms Sudan, Yemen, Syria, Pakistan (Culture results)



# THANK YOU

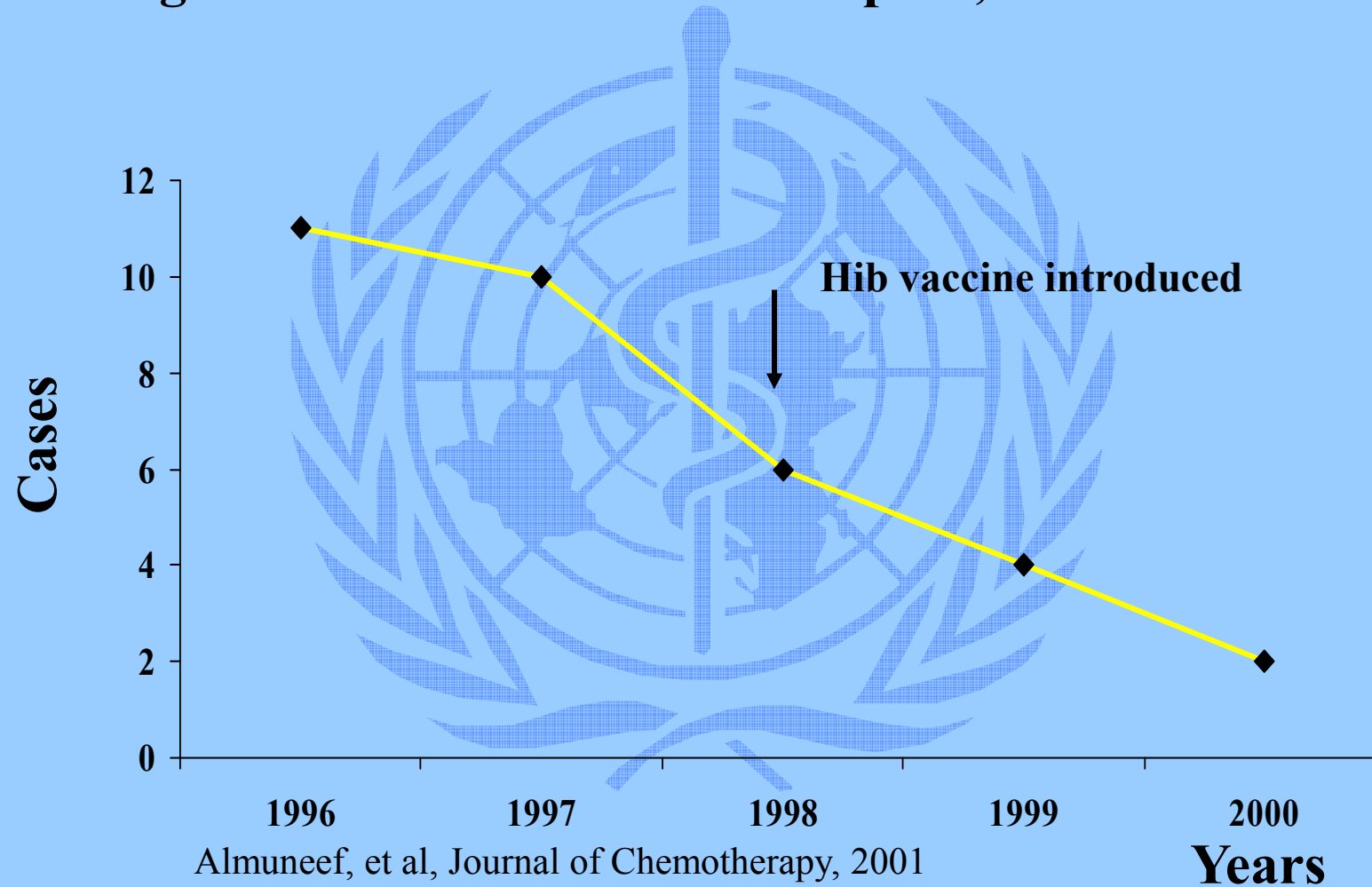


VPI,WHO/EMRO



No child should die  
from  
a vaccine-preventable  
disease in our Region  
WHO Eastern Mediterranean Region

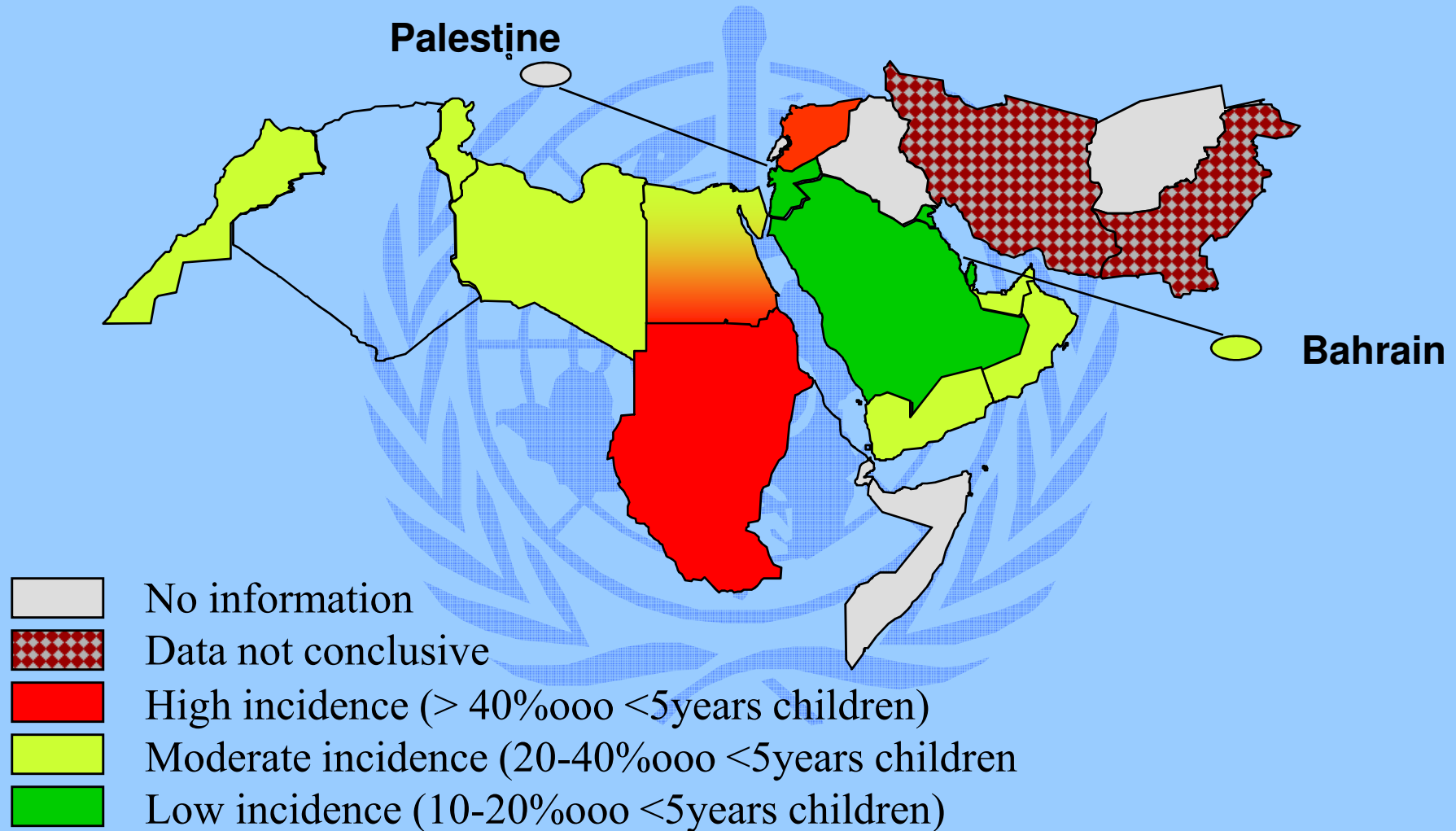
# Hib Meningitis in children <5 years: King Fahad National Guard Hospital, Saudi Arabia



VPI,WHO/EMRO

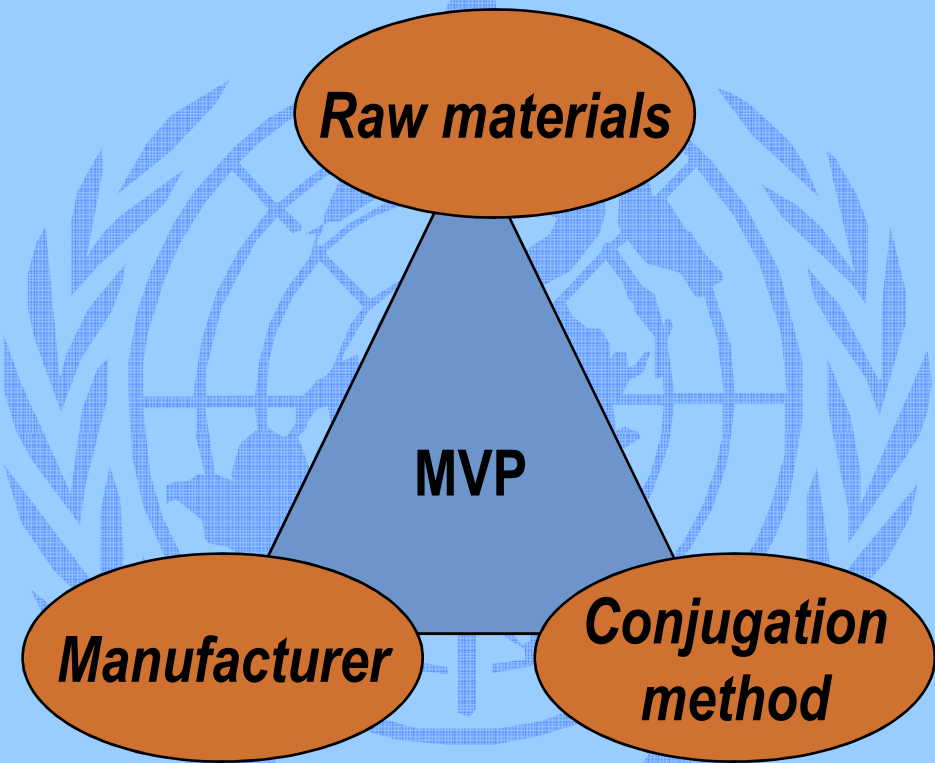


# Estimated Hib meningitis incidences before Hib vaccine introduction in EMR





# MVP Men A Vaccine Development Model



**Target price \$US 0.40/dose**

